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Presenting The Living Light philosophy and
features of interest to spiritually-minded people.

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≡ QUESTIONS AND ANSWERS ≡

by Richard P. Goodwin

TODAY, AS I'M SURE YOU ARE ALL AWARE, THE FIRST OF THE MONTH, OF COURSE, IT'S BECOME OUR RECENT TRADITION TO SPEAK TO THE QUESTIONS THAT HAVE BEEN SUBMITTED CONCERNING THIS PHILOSOPHY AND SPIRITUAL MATTERS IN GENERAL. I CAN ONLY SHARE WITH YOU THE ANSWERS TO THE QUESTIONS THAT YOU HAVE PREPARED IN KEEPING WITH MY OWN RECEPTIVITY TO THE SPIRIT GUIDES AND TEACHERS WHO ARE WITH US. SO OFTEN PEOPLE VISITING OR INVESTIGATING SPIRITUALISM BECOME A BIT CONFUSED, TO SAY THE LEAST, IN REFERENCE TO WHAT ITS TRUE PURPOSE REALLY IS. SPIRITUALISM, WHEN WE STUDY THE RELIGIONS OF OUR WORLD, WE QUICKLY SEE IS THE OLDEST RELIGION KNOWN TO MANKIND, FOR THERE HAS NEVER BEEN A TIME ON THIS PLANET WHEN MAN HAS NOT COMMUNICATED WITH HIGHER DIMENSIONS KNOWN TO US AS A WORLD OF SPIRIT. UNFORTUNATELY, OR PERHAPS FORTUNATELY, FOR OUT OF THE STRUGGLE AND MUD OF EARTH GROWS THE LOTUS OF HEAVEN; HOWEVER, FOR OVER A HUNDRED YEARS NOW MANY, MANY PEOPLE ATTRACTED TO THE LIGHT OF SPIRITUALISM HAVE BEEN CONFUSED IN THEIR MOTIVATIONS FOR THEY LOOK TO THE ANSWERS FOR EVERYTHING, AND THEY LOOK NOT WITHIN WHERE THE TRUTH REALLY LIES, BUT THEY HAVE A TENDENCY TO LOOK WITHOUT. AND WHEN IT IS THAT WE LOOK WITHOUT TO ANSWERS, THEN OF COURSE

QUESTIONS & ANSWERS

IT IS THAT WE LOOK WITHOUT FOR QUESTIONS. AND SO MAN GOES FARTHER AND FARTHER FROM HIS TRUE SPIRITUAL DESTINY BY ESCAPING THE BASIC PRINCIPLE OF TRUTH KNOWN AS PERSONAL RESPONSIBILITY.

SPIRITUALISM HAS, SINCE IT WAS BROUGHT TO THE WORLD AS MODERN SPIRITUALISM IN 1848, IT HAS STRIVED DILIGENTLY TO HELP MANKIND TO REALIZE THAT GOD DOES NOT WORK TO US, THAT GOD'S WORK TAKES PLACE THROUGH US. AND THAT WE NEVER KNOW WHEN GOD IS GOING TO SPEAK, UNLESS WE ARE FREE FROM THE THE GREATEST OBSTRUCTION WE'LL EVER KNOW, UNLESS WE ARE FREE FROM JUDGMENT AND FREE FROM INTOLERANCE. WHATEVER QUESTION ENTERS OUR MIND GUARANTEES, BY THE PROCESS OF QUESTIONING, ITS OWN ANSWER. IT MAY OR MAY NOT COME DIRECTLY TO US, BUT IT WILL IN TIME PASS THROUGH US. REMEMBER, MY FRIENDS, EVERYTHING, EVERY THOUGHT YOU THINK, EVERY FEELING YOU HAVE, EVERY PHYSICAL OBJECT THAT IS IN YOUR POSSESSION THIS MOMENT IS IN A PROCESS OF PASSING THROUGH YOUR LIFE. IT IS ONLY WHEN WE MAKE THE JUDGMENT THAT WE OWN, ONLY THEN DO WE LOSE, FOR MAN CANNOT LOSE WHAT IS LOANED TO HIM FOR A TIME. MAN CAN ONLY LOSE IN THE REALM OF DELUSION THAT POSSESSES AND HOLDS.

WE HAVE ALREADY EXPERIENCED OUR LIFETIME TODAY OF VIEWING THE MANY THINGS THAT COME OUR WAY AND GO THEIR WAY. EVERYTHING, EVEN THE TREE THAT BEARS ITS FRUIT, DOES SO FOR A PURPOSE. THERE ARE NO ACCIDENTS IN THE UNIVERSE. THERE IS NOTHING THAT HAPPENS BY CHANCE. WE SEE IT THAT WAY BECAUSE WE YET HAVE TO UNDERSTAND ITS PURPOSE AND FULFILLMENT IN LIFE ITSELF. AND SO IT IS, MANY THOUGHTS COME TO US, AND MANY THOUGHTS LEAVE US. THE THOUGHTS THAT BOTHER US ARE THE ONES WE TRY TO HOLD. AND WE ALL KNOW WHATEVER BOTHERS US IN LIFE IS THAT WHICH CONTROLS US. WE ARE CONTROLLED ONLY WHEN WE HOLD, FOR THAT THAT WE FREE, UNFOLDS US. AND THAT THAT WE HOLD, CONTROLS US. NOW, NONE OF US
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APPRECIATE THE THOUGHT OF BEING CONTROLLED. WE DON'T APPRECIATE IT BECAUSE WE FEEL DEEP WITHIN US THAT WE ARE IN TRUTH A FORMLESS, FREE SPIRIT. KNOWING THAT INTUITIVELY IN THE VERY DEPTHS OF OUR BEING, WE BECOME MOST UPSET AT THE VERY THOUGHT THAT SOMEONE, OR SOMETHING IS CONTROLLING US. YET, ALL WE HAVE TO DO IS TO PAUSE FOR A MOMENT AND TO THINK AND WE CAN TAKE STOCK OF ALL THE THINGS WE THINK WE OWN, OF ALL THE THINGS WE THINK WE HOLD, FOR IT IS THOSE THINGS, THOSE PEOPLE, THAT CONTROL US.

SPIRITUALISM HAS REVEALED LONG AGO THAT A THOUGHT IN OUR MIND CHANGES THE VERY CHEMISTRY OF OUR BODY, THAT OUR BODY REACTS TO OUR THOUGHT, AND OUR THOUGHT REACTS TO OUR BODY. SO WHEN WE HAVE A THOUGHT OF HOLDING TO A PERSON AS OUR SECURITY, AS OUR HAPPINESS, OR TO AN OBJECT, OR TO ANYTHING THE WORLD HAS TO OFFER, AS WE ENTERTAIN THAT THOUGHT OF HOLDING, WE ESTABLISH THE LAW OF LOSS FOR WE SET INTO MOTION WHAT IS KNOWN AS NEGATIVE LAWS--THE NEGATIVE FAITH OF FORCE. NOW, THE NEGATIVE FAITH OF FORCE IS KNOWN TO MAN AS FEAR. THE POSITIVE POWER OF THE DIVINE, CALLED GOD, IS KNOWN AS FAITH. AND SO, AS MAN, ENTERTAINS THE THOUGHT OF HOLDING, HE GUARANTEES SETTING INTO MOTION THE LAW OF FORCE KNOWN AS FEAR, AND THE LOSS IS INEVITABLE. WE CAN NEVER EXPERIENCE THE LOSS OF ANYTHING UNTIL WE HAVE ENTERTAINED THE DELUSION OF GAIN.

WHEN WE AWAKEN OUR SPIRIT WITHIN, WE QUICKLY VIEW THE TRUTH--THERE IS NOTHING TO LOSE, FOR THERE IS NOTHING TO GAIN. OUR FORMLESS, FREE SPIRIT IS EVERYWHERE AND EVERYTHING--WHAT CAN IT GAIN? FOR IT IS ALREADY EVERYTHING. IT IS OUR EDUCATED MIND, ONLY OUR EDUCATED MIND, THAT VIEWS GAIN AND KNOWS LOSS. WE ARE HERE IN ETERNITY. WE ARE NOT GOING TO ETERNITY. WE ARE IN ETERNITY. WE HAVE ALWAYS

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BEEN IN ETERNITY FOR ETERNITY IS WHAT WE ARE. IT IS OUR EDUCATED MIND THAT BELIEVES ONE THING ONE MOMENT, ONLY TO DENY IT THE NEXT MOMENT. SURELY, OUR WORLD HERE ON EARTH REVEALS TO US, WITH SUCH A HIGH DIVORCE RATE IN THE WORLD TODAY, THAT IT IS AN ILLUSION. TO HOLD TO PEOPLE, PLACES, AND THINGS ONLY BRINGS US, AND GUARANTEES, THE SO-CALLED KARMIC WHEEL OF ONE EXPERIENCE AFTER ANOTHER. WHEN OUR MINDS BELIEVE THAT EVERYTHING IS GONE, WHEN WE HAVE TRULY HIT THE BOTTOM, WHEN OUR MINDS ACCEPT THAT THERE IS NOTHING LEFT, WHEN THAT HAPPENS TO US, WE WILL FIND EVERYTHING. IT IS ONLY WHEN OUR CUP IS EMPTIED THAT IT CAN BE FILLED. WE CANNOT FILL THE CUP WE HOLD BECAUSE IN FILLING, IT'S OVERFLOWING. IT IS NOT WHAT WE NEED TO PUT INTO OUR MIND TO FREE US; IT IS WHAT WE ALREADY HAVE IN OUR MIND THAT WE MUST EMPTY OUT TO FREE US. YOU CANNOT INTRODUCE A NEW IDEA INTO THE MIND UNLESS THE MIND ALREADY CONTAINS, THROUGH THE LAW OF ASSOCIATION, A SIMILAR EXPERIENCE BECAUSE THAT IS THE VERY NATURE OF OUR MIND. WHEN WE ENCOUNTER A NEW IDEA, A NEW THOUGHT, IT GOES THROUGH THE CENSORSHIP PROCESS OF WHAT ALREADY EXISTS IN OUR MIND. IF THERE IS SOMETHING SIMILAR, THERE'S A POSSIBILITY OF IT ENTERING. IF THERE IS NOT SOMETHING RELATED THAT IS SIMILAR, THE KING OF KINGS, THE FALSE GOD, KNOWN AS JUDGMENT, IMMEDIATELY KICKS IT OUT AND DECLARES IT IS NOT POSSIBLE. WHEN WE DECLARE BY OUR MIND, THAT ANYTHING, NO MATTER WHAT IT IS, IS NOT POSSIBLE, WE DENY GOD FOR US. BECAUSE WE ALL TRULY BELIEVE THAT TO GOD, THE POWER, THE INTELLIGENCE THAT SUSTAINS THE UNIVERSES AND EVERYTHING IN IT, ALL THINGS ARE POSSIBLE. SO WHEN WE SAY TO OURSELVES OR ANOTHER, THAT THIS OR THAT IS NOT POSSIBLE, IN THAT MOMENT WE DENY GOD. NOW WHEN WE DENY GOD, WE DENY GOODNESS, AND IT IS OUR DENIALS IN LIFE THAT BECOME OUR DESTINY.

NOW, IF WE WANT TO KNOW WHERE WE ARE GOING,
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ALL WE HAVE TO DO IS TAKE STOCK OF OUR DENIALS AND WE WILL SEE THE ROADMAP OF WHERE WE ARE HEADED, FOR TRULY OUR DENIALS ARE OUR DESTINY. HOW DO OUR DENIALS BECOME OUR DESTINY? TO BE ADVERSE TO ANYTHING DOES NOT MEAN TO ACCEPT. IT DOES MEAN TO REJECT. NOW GOD, WE UNDERSTAND, SUSTAINS EVERYTHING, REJECTS NOTHING. SO WHEN WE REJECT, WE BECOME CONTROLLED BY THE MENTAL WORLD. AND IN SO DOING, WE MUST FOLLOW THE PATH OF OUR REJECTION, THE PATH OF OUR DENIALS, THAT WE MAY GAIN THROUGH THAT PROCESS AN UNDERSTANDING THAT THERE IS SOMETHING GREATER THAN THE THOUGHT OF MAN--THAT SOMETHING GREATER IS THE POWER WHICH SUSTAINS IT.

WE LOOK ABOUT FROM A VERY NARROW VIEW SO OFTEN, AND IN SO DOING, WE SUFFER THE CONSEQUENCES OF OUR INTOLERANCES. IT IS A DESIRE OF ALL MINDS THAT ARE NOT SECURE--THINK, MY FRIENDS, THAT ARE NOT SECURE--IT IS A DESIRE OF ALL MINDS TO HAVE EVERYONE DO THINGS AND BEWAYS THAT WE HAVE ACCEPTED FOR OURSELF. AND WHEN WE EXPERIENCE PEOPLE WHO DO NOT DO THINGS AND ACT THE WAY WE HAVE ACCEPTED FOR OURSELF, WE FIND WITHIN US, WELLING UP IN OUR EMOTIONS, WHAT IS KNOWN AS INTOLERANCE. AS WE EXPERIENCE THE FULLNESS OF THAT FEELING KNOWN AS INTOLERANCE, WE BECOME REJECTED BY THE WHOLENESS OF LIFE, FOR WE ARE THE ONES WHO HAVE SET THE LAW OF REJECTION AND DENIAL INTO MOTION. REMEMBER, WHAT YOU DO NOT TOLERATE IN LIFE, TOLERATES YOU BY CONTROLLING YOU. NOW, IF YOU SEE A PERSON THAT YOU DON'T LIKE THE WAY THEY DO THINGS, EACH TIME YOU THINK OR SEE THAT PERSON, YOU HAVE A FEELING THAT IS CERTAINLY NOT GODLY, BECAUSE IT IS NOT A GOOD FEELING. YOU DON'T APPRECIATE THE FEELING, BUT YOU HAVE THE THOUGHT. NOW, OF COURSE, IT IS OUR THOUGHT CREATED BY US, EXISTING IN OUR CRANIUM, IT IS NOT SOMEONE ELSE'S THOUGHT. THE PERSON WE

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GREETINGS, STUDENTS. THIS EVENING WE SHALL SPEAK ON IDENTITY AND THE LAW OF RESPONSIBILITY.

AS EACH THOUGHT THAT IS ENTERTAINED BY THE HUMAN MIND MOVES BY THE VEHICLE OF AIR THROUGH THE TEMPLE OF GOD OR HUMAN ANATOMY, MAN IN HIS AWAKENING TO THESE VARIOUS CENTERS, CONTROL CENTERS WITHIN HIS BODY, SOON LEARNS HOW THIS ENERGY HAS A DIRECT EFFECT UPON HIS LIFE WITHIN AND HIS EXPERIENCES WITHOUT. THE CONTROL CENTER FOR THE VEHICLE OF THOUGHT IS LOCATED IN THE AREA OF THE NECK. AS THE VEHICLE OF THOUGHT IS THE AIR ELEMENT, SO IT IS THAT MAN IS ENABLED TO CONTROL HIS THOUGHTS BY CONTROL OF HIS BREATH. THOUGHTS CONTAIN VARYING DEGREES OF ENERGY. AND THOUGHTS THAT ARE GIVEN BIRTH IN THE FUNCTIONS OF THE HUMAN MIND MUST BE BROUGHT INTO BALANCE WITH THE CORRESPONDING SOUL FACULTY. FOR EXAMPLE, ENERGY PASSING THROUGH AN ELECTRICAL WIRE MAY BURN THE WIRE IF THE ENERGY IS MORE THAN WHAT THE WIRE IS CAPABLE OF CARRYING. AND SO IT IS WITH THE THOUGHTS OF THE HUMAN MIND. THOUGHTS CARRYING A GREAT DEAL OF ENERGY, PASSING THROUGH THE CONTROL CENTER IN THE HUMAN BODY, EVER STRIKE THEIR MARK SO TO SPEAK. AND IT IS THE NEUTRALIZING, BALANCING POWER OF THE CORRESPONDING SOUL FACULTY THAT BRINGS HARMONY TO THE HUMAN BEING AND THE EFFECT OF PERFECT HEALTH.

WE STATED SOME TIME AGO THAT THE WEIGHT OF RESPONSIBILITY MUST NEVER EXCEED THE LOVE OF GOD. AND SO THIS EVENING WE SPEAK ON THE LAW OF RESPONSIBILITY AND THE LAW OF IDENTITY. MY GOOD STUDENTS, IT IS THE THOUGHT OF "I" THAT IS THE LAW OF IDENTITY. AND SO MAN FINDS HIS RESPONSIBILITIES IN LIFE EVER IN KEEPING WITH HIS IDENTIFICATION. FOR AS WE IDENTIFY OR PLACE THE THOUGHT OF "I" INTO ANY, ANY AREA OF

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INTEREST, WE INCUR RESPONSIBILITY, OR THE ABILITY TO RESPOND, TO THAT WHICHEVER WE HAVE IDENTIFIED WITH.

WE HAVE ALSO SPOKEN TO YOU IN REFERENCE TO THE VIBRATORY WAVE TO IGNORE. YOU HAVE HEARD IT SPOKEN IN MANY PHILOSOPHIES TO RISE ABOVE ANY PARTICULAR SITUATION THAT YOU FIND DISTURBING. MY GOOD STUDENTS, WHENEVER THE THOUGHT OF "I" IS PLACED IN ANY AREA, WE MUST BECOME AWARE IN THAT MOMENT OF THE MANY LEVELS OF CONSCIOUSNESS THAT WE IN TRUTH ARE MOVING THROUGH FOR AS WE IN OUR IDENTIFICATION, AND THROUGH OUR ERRORS OF SO-CALLED IGNORANCE, ARE NOT AWARE OF THESE ABILITIES THAT EXIST WITHIN US TO RESPOND. THERE ARE SO MANY THINGS WE FIND IN LIFE THAT WE SINCERELY WISH WE WOULD NOT RESPOND TO, BUT THAT IS CONTRARY TO THE LAW WE HAVE ESTABLISHED OF IDENTIFICATION. MAN'S WORLD OF COURSE IS EVER IN KEEPING WITH HIS IDENTITY. AND THE WEIGHT OF HIS RESPONSIBILITIES ARE EVER IN KEEPING WITH HIS SO-CALLED INTEREST.

TO FREE OURSELVES FROM SO MANY DISTRACTIONS ON THIS PATH THAT WE ALL ARE TREADING, WE MUST LEARN TO BREATHE. WE MUST LEARN TO CONTROL THIS BREATH OF LIFE. WE MUST LEARN TO SLOW DOWN THE RAPID PROCESS OF OUR MIND BY FIRST MAKING THE EFFORT TO CONTROL WHAT IS KNOWN AS THE "AIR CENTER" LOCATED IN THE NECK. BY A SLOW BUT SURE PROCESS OF CONTROL OF OUR BREATH, OUR THOUGHTS BEGIN TO SLOW DOWN. AS THEY SLOW DOWN, WE BECOME MORE AWARE OF WHAT OUR MINDS ARE TRULY DOING. WE SPOKE TO YOU ABOUT RISING THE THOUGHT AND RELEASING IT UPWARD, BUT IT TAKES THE SOUL FACULTY TO DO THAT. FOR YOU SEE, MY STUDENTS, THIS PROCESS OF NEUTRALIZATION, THIS PROCESS OF BALANCE, THIS LIGHT OF REASON IS THE EFFECT OF CONTROL. AND IT IS EVER IN KEEPING WITH YOUR WILLINGNESS TO IDENTIFY WITH THAT WHICH WILL UPLIFT YOU, WHICH WILL BRING UNTO YOU IN KEEPING WITH THE LAW OF RETURN, BRING UNTO YOU

THAT WHICH YOU TRULY ARE SEEKING.

THERE ARE SO MANY EXERCISES GIVEN IN YOUR WORLD TO BRING ABOUT SOME DEGREE OF CONTROL OF THE HUMAN MIND, BUT NO EXERCISE IS LASTING AND ENDURING WITHOUT YOUR DAILY EFFORT. SO, MY STUDENTS, APPLY THESE BREATHING TECHNIQUES THAT HAVE ALREADY BEEN GIVEN TO YOU. USE THEM, BE PATIENT WITH THEIR USE AND LET SO-CALLED TIME PASS, FOR THEY HAVE WORKED FOR MANY BEFORE YOU. AND THEY SHALL WORK FOR YOU. LEARN TO INHALE THE VIBRATORY WAVE OF PEACE. LEARN TO RELEASE THE VIBRATORY WAVE OF PEACE. WE HAVE ALSO STATED THAT PEACE IS THE POWER OF GOD. IT IS UP TO YOU TO USE IT, AND TO USE IT WISELY, FOR IT SHALL RETURN UNTO YOU FOR ALL THINGS RETURN TO THEIR SOURCE OF ORIGIN. THOUGHTS RETURN TO THE REALMS FROM WHENCE THEY WERE GIVEN BIRTH, AND SO DO ASPIRATIONS RETURN TO THE VERY SOUL OF THEIR SOURCE. REMEMBER ALL EXPERIENCE IS AN EFFECT. YOU ARE VIEWING THE RETURN OF ALL THINGS TO THEIR SOURCE OF ORIGIN. YOU ARE VIEWING THE BIRTH OF ALL THINGS GOING OUT AND COMING BACK. YOU KNOW THAT ALL THINGS RETURN. BE AWARE OF WHAT YOU SEND AND YOU WILL NEVER BE SURPRISED AT WHAT RETURNS.

IN YOUR WORLD, AND IN YOUR SCIENTIFIC AGE OF MATERIAL GROWTH, MANY THINGS ARE WAITING ON THE HORIZON. SCIENTISTS HAVE STUDIED FOR MANY YEARS TO FIND THE SO-CALLED "MISSING LINK" OF THE HUMAN BEING. WE STATED LONG AGO THAT YOU WOULD NOT FIND THE SO-CALLED "MISSING LINK" ON YOUR PLANET FOR ON YOUR PLANET IT WAS NOT GIVEN BIRTH. AND SO IN THE YEARS THAT LIE AHEAD OF YOU, YOU WILL AWAKEN TO THESE INTELLIGENCES IN THE UNIVERSES FOR THEY HAVE BEEN, AND CONTINUE TO BE, THE WITNESSES OF WHAT CAME HERE, NAMELY THE HUMAN BEING, SO MANY, MANY AGES AGO. JUST ON THE HORIZON THERE ARE THESE SO-CALLED EXPERIMENTS AND DEMONSTRATIONS OF SO-CALLED KLONING OR DUPLICATING OF FORMS. AND THE RELIGIONS OF YOUR EARTH WORLD, THOUGH HAVE

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CHANGED MUCH, SHALL GO THROUGH THE GREATEST CHANGE EVER KNOWN IN THE HISTORY OF THE PLANET EARTH. MY GOOD STUDENTS, SOME MUST BE PREPARED, AND THE PREPARATION IS AN ACCEPTANCE OF THE UNIVERSALITY OF BEING. YOUR FORMS ARE WHAT THEY ARE, EVER IN KEEPING WITH THE IDENTIFICATION PROCESS, AND AS YOU IDENTIFY IN YOUR EARTHLY EXPERIENCES WITH LIMITED SMALL AREAS OF LIFE, THEN LIMITED AND SMALL AREAS OF LIFE SHALL YOU CONTINUE TO EXPERIENCE, FOR YOU SHALL CONTINUE TO RESPOND ONLY TO THAT WHICH YOU IDENTIFY WITH. BUT YOU CAN INDEED CHANGE YOUR IDENTIFICATIONS FOR YOU CAN CONTROL YOUR THOUGHTS, AND YOU CAN CONTROL YOUR LIFE. FOR THAT IN TRUTH IS NOT ONLY YOUR DIVINE RIGHT, BUT IT IS YOUR ETERNAL DESTINY. SLOW THAT IT MAY SEEM TO BE, IT IS TAKING PLACE. LOOK AT YOUR DAILY THOUGHTS. BECOME MORE AWARE OF WHAT YOU ARE IDENTIFYING WITH. DOES IT BRING YOU THE ABUNDANT GOOD WHICH IS IN TRUTH YOUR RIGHT? IF IT DOES NOT, THEN CHANGE THE IDENTITY. REDIRECT THE ENERGY. IT IS WITHIN YOUR POWER TO DO SO. BECOME MORE ALERT TO WHAT YOU EXPOSE YOURSELF TO. BE NOT SO INTERESTED IN BEING LIKED. BE INTERESTED IN BEING FREE, FOR THAT THAT IS FREE HAS NO LACK AND NO DISCORD FOR IT IS FREE TO MOVE IN THE REALMS OF PEACE AND HARMONY, AND ABUNDANT GOOD IS ITS CONSTANT WATCHWORD. LET ABUNDANT GOOD FLOOD YOUR CONSCIOUSNESS BY IDENTIFYING WITH IT. VIEW NOT THESE OBSTRUCTIONS CREATED BY THE HUMAN MIND. VIEW THAT WHICH IS IN TRUTH YOUR RIGHT.

AND SO, MY STUDENTS, THOUGH MANY ARE THE WORDS THAT ARE SPOKEN TO YOU, SOME OF THOSE WORDS WILL REGISTER IN LEVELS OF CONSCIOUSNESS THAT ARE READY, WILLING AND ABLE TO MOVE, FOR IT IS IN MOVEMENT THAT WE GROW AND EXPAND. ALL THINGS MUST MOVE, WHETHER THEY MOVE EVER ONWARD AND UPWARD IN A GREATER FULLNESS OF LIFE'S EXPERIENCES, OR THEY MOVE IN THE

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DECAYING PROCESSES OF THE RETURN TO THEIR ORIGIN. THINK, MY GOOD STUDENTS, ALL THINGS RETURN. ALL THINGS, ALL THOUGHTS, ALL IDENTITIES, ALL ABILITIES RETURN TO THEIR SOURCE OF ORIGIN. AND SO IT IS, AS YOU WILLINGLY ACCEPT THE NEW, THE PAINFUL EXPERIENCE OF RETURNING TO THE ORIGINAL SOURCES IS NO LONGER EXPERIENCED BY YOUR HUMAN MIND. WHAT IS GOING FROM YOU IS DESTINED BY THE LAW TO DO SO. LET IT GO GRACIOUSLY AND FREELY, FOR AS YOU PERMIT IT TO DO SO, THE NEW WILL COME IN KEEPING WITH THAT ATTITUDE OF MIND, WITH THAT LEVEL OF CONSCIOUSNESS. AND THE BIRTH OF THE NEW WILL NOT BE AS PAINFUL IF YOU WILL NOT PERMIT THE DYING OF THE OLD TO BE PAINFUL. HOW MANY TIMES HAVE WE SPOKEN, HOLD NOT TO FORM, FOR FORM SHALL PASS. HOLD NOT TO THOUGHT, FOR THOUGHT IS PASSING. HOLD NOT TO THINGS, FOR THINGS ARE PASSING.

AND SO IT MEANS A CONTROL OF IDENTITY THAT THERE MAY BE A FLEXIBILITY IN YOUR LIFE, THAT YOU MAY ENJOY LIFE. FOR LIFE IS INTENDED BY ITS VERY DESIGN TO BE ENJOYED. AND THINK, MY STUDENTS, IF WE ONLY HELD ON TO THE THINGS THAT WE NOW HAVE, SURELY WE WOULD SOON BE BORED, AND LIFE WOULD LOSE ITS SPIRIT OF JOY. "CREATION IS A PLAYPEN, AND ONLY CHILDREN SHOULD PLAY THEREIN," BUT CHILDREN ARE EVER SEEKING THE NEW EXPERIENCES OF LIFE. THERE IS A SPIRIT OF ENTHUSIASM WITHIN THE CHILD. THERE IS A SPIRIT OF JOY FOR WHAT THE NEXT MOMENT SHALL BRING. AND AS LONG AS MAN IS IN CREATION HE MUST SUSTAIN AND MAINTAIN THAT SPIRIT OF JOY, THAT SPIRIT OF ENTHUSIASM, TO SEE AND TO ENJOY A PASSING PANORAMA. FOR WHAT AWAITS ALL PEOPLE IS IN KEEPING WITH THIS MOMENT. IT IS IN KEEPING WITH THE MOMENT AND WHAT THEY ARE IDENTIFYING WITH. AS THESE THOUGHTS PASS INTO THE CONTROL CENTER, THESE VEHICLES FORMED BY THE ETHERIC WAVES OR AIR, CARRY THIS ENERGY, AND THIS ENERGY MOVES THROUGH YOUR PHYSICAL BODY. IF

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GREETINGS, STUDENTS. WE SHALL CONTINUE ON WITH OUR CLASSES AND THE JOURNEY OF THE SOUL. AS YOU WILL RECALL FROM OUR LAST MEETING, I HAD ONCE AGAIN EMBARKED UPON MY SHIP OF DESTINY. AND WITH MIXED EMOTIONS, I STOOD ON THE DECK OF THAT SHIP AND LOOKED BACK AT THE LAND THAT I HAD LEFT. FOR THE MIND EASILY ATTACHES TO THAT THAT IT BECOMES FAMILIAR WITH, AND IN THE ATTACHMENT IT FINDS ITS OWN SECURITY. AND SO IT WAS THAT TIME PASSED AND MY THOUGHTS DRIFTED EVER BACKWARDS IN SO-CALLED TIME, FOR EACH EFFORT THAT I MADE TO LOOK FORWARD BROUGHT A GREAT FEAR OVER MY MIND FOR I COULD ONLY RECALL THAT THE ANGEL HAD SAID TO ME -- THAT GREAT COURAGE, THE "COURAGE OF THE UNIVERSES" WOULD BE REQUIRED TO FACE MY NEXT DESTINATION. AND TIME PASSED ON. ONE DAY THE WATERS WERE SO PEACEFUL AND CALM AND THE SUN WAS HIGH IN THE HEAVENS WHEN I SPOTTED LAND. IT SEEMED LIKE A LAND SO GREAT, SO VERY, VERY BIG, FOR AS THE SHIP MOVED ON, THE LAND TOOK ON THE ENTIRE HORIZON. AND AS I GOT CLOSER, I SAW THE BEAUTY OF ITS LUSH MOUNTAINS, THE BEAUTIFUL FOREST. AND I THOUGHT WHAT DID THE GUIDING ANGEL MEAN WHEN SHE SAID "COURAGE OF THE UNIVERSES?" AGAIN MY HEART BEGAN TO BEAT EVER FASTER AS THE SHIP CAME CLOSER TO THE SHORE, AND I WISHED THAT I HAD SOME POWER WITHIN ME TO STEER THE SHIP AWAY, AND YET I KNEW FROM THE EXPERIENCES OF THE PAST THAT THE SHIP ON WHICH I WAS TRAVELING WAS GUIDED AND STEERED AND CONTROLLED BY SOME UNSEEN FORCE THAT I COULD NOT HEAR, THAT I COULD NOT SEE, LET ALONE COMMAND FOR I WAS NOT YET AWAKENED WITHIN MY CONSCIOUSNESS THAT THIS SHIP OF DESTINY WAS CONTROLLED BY LAWS THAT I ALONE HAD ALREADY ESTABLISHED.

AND SO THE SHIP CAME UNTO THE SHORE AND THERE I STOOD ON THE DECK LOOKING AT THE BEAUTIFUL FORESTS AND WAITING, WAITING FOR WHAT I DID NOT KNOW. AND I LOOKED IN VAIN AND SAW NO MOVEMENT, NOT EVEN A BREEZE WAS IN THE AIR. AND THEN A VOICE FROM OUT OF NOWHERE SPOKE AND SAID, "WELCOME TO OUR REALM, WE HAVE WAITED SO VERY LONG FOR YOUR ARRIVAL." BUT I COULD SEE NO ONE, AND THOUGH THE VOICE, WHICH SEEMED TO RISE FROM THE VERY EARTH BELOW, SEEMED KIND AND COMPASSIONATE AND SEEMED TO HAVE A SINCERE WELCOME, SOMEHOW I SENSED A SINISTER NOTE CONCEALED WITHIN IT, AND MY FEAR ROSE EVEN GREATER. AND I STOOD THERE, FEAR ALONE KEPT ME FROM DISEMBARKING. IT SEEMED LIKE AN HOUR HAD PASSED, YET IN TRUTH IT WAS BUT A MINUTE. AND ONCE AGAIN THIS VOICE THAT ROSE FROM THE EARTH BELOW SPOKE, THIS TIME A BIT MORE FIRM, AND IT SAID, "DISEMBARK NOW." AND I STARTED TO MOVE. I DARED NOT TO DO ANYTHING ELSE. AND AS I WALKED ONTO THAT LAND, LOOKING EVERYWHERE FOR SOMEONE, I SAW NO ONE. AND I WALKED AND WALKED AND WALKED. AND AS DUSK BEGAN TO FALL, IT CAME, A THOUGHT INTO MY MIND, I HAVE NOT SEEN NOR HEARD A BIRD IN THE SKY, I'D HEARD NO NOISES OF INSECTS, NOR ANIMALS. WHAT KIND OF LAND, SO BEAUTIFUL, MUST THIS BE? AND AGAIN FEAR ROSE WITHIN ME, AND I WALKED AND WALKED AND WALKED. AND THEN NIGHT FELL AND I BEGAN TO THINK, "AM I ON THIS LAND ALONE?" BUT THEN HOW COULD THAT BE, FOR I HEARD A VOICE THAT ORDERED ME TO COME ASHORE? AND THAT VOICE MUST HAVE COME FROM SOMEONE, SOMEWHERE, FOR TWICE IT SPOKE TO ME, SEEMINGLY KIND, BUT FIRM, YET SOMETHING VERY SINISTER. WHY DO THEY HIDE FROM ME? THEY MUST BE HERE. OR, IS THAT VOICE SOMETHING WITHIN MY OWN MIND THAT IS DECEIVING ME? AND MY THOUGHTS BEGAN TO MOVE QUICKLY WITHIN MYSELF AND FINALLY I FELL ASLEEP. I RECALL AWAKENING FROM A SEEMING SLEEP OF NOTHINGNESS TO HEARING A VOICE THAT SAID,

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"AWAKE AND WALK ON, YOUR JOURNEY IS ABOUT TO BEGIN."

I BELIEVE THERE ARE SOME QUESTIONS.

QUESTION: WHAT IS THE SPIRITUAL SIGNIFICANCE OF THE SO-CALLED SACRAMENTS OF COMMUNION AND BAPTISM?

ANSWER: IN RESPECT TO THE SPIRITUAL SIGNIFICANCE OF BAPTISM, SPIRITUALLY, MEANS A CLEANSING, AND THE SO-CALLED SACRAMENTS, WE MUST DISCERN BETWEEN WHAT THE MINDS OF MEN HAVE DONE WITH SPIRITUAL PURPOSES OF HELPING THE SOUL TO BE FREED FROM THE MENTAL PROCESSES OF MIND SUBSTANCE KNOWN AS CREATION AND THE EVOLUTION OF THE ETERNAL SOUL. AND SO THE SPIRITUAL SIGNIFICANCE OF WHAT YOU CALL BAPTISM IS THE CLEANSING OF, OR WASHING AWAY OF, CREATION THAT THE SOUL HAS ENTERED THAT IT MAY THROUGH THAT SPIRITUAL CLEANSING REMAIN AWAKENED AND NOT BE BLINDED BY THE CREATION OF THE LIFE THAT IT HAS ENTERED IN FORM. AND SO IT IS THAT MAN, HAVING TAKEN A SIMPLE SPIRITUAL EXPERIENCE OF CLEANSING, MAN HAS PLACED IT INTO HIS MIND IN SUCH A WAY THAT HE NOW BELIEVES THAT BAPTISM IS A PROCESS BY WHICH SOME HIGHER AUTHORITY DESCENDS OVER THE FORM AND PURIFIES IT. THAT IS NOT, AND WAS NOT, THE SPIRITUAL INTENT OF BAPTISM, HOWEVER SOME GOOD COMES TO MANY SOULS, EVEN IN KEEPING WITH THEIR OWN FAITH, WHICH, OF COURSE, IS DEPENDENT UPON THEIR OWN BELIEFS. AND BAPTISM IN YOUR WORLD TODAY, THOUGH DISTORTED IN MANY WAYS, IS SERVING A BENEFICIAL PURPOSE TO MANY, MANY, MANY PEOPLE. THE SO-CALLED RELIGIOUS SACRAMENTS WHICH VARY ACCORDING TO THE LIMITED MENTAL ACCEPTANCES OF THOSE WHO PERFORM THEM IS DONE MORE FOR A TYPE OF DRAMATIC EXPRESSION AND TYPE OF CELEBRATION THAN IT IS FOR TRUE SPIRITUAL BENEFIT OR AWAKENING. WHENEVER THE MINDS OF MEN ENTERTAIN

THE THOUGHT THAT THEY ARE SO SUPERIOR THAT THEY CAN DICTATE TO THE DIVINE, INFINITE INTELLIGENCE, THAT BY DOING CERTAIN ACTS THAT THEY CAN REMOVE THE SO-CALLED SINS, WHICH ARE NOTHING MORE THAN TRANSGRESSIONS OF NATURAL LAW, FROM THE SOULS THAT THESE THINGS ARE BEING PERFORMED OVER, THEN DECEPTION, MENTAL DECEPTION, BECOMES THE RULING FORCE. HOWEVER, WE MUST LOOK AND SEE THE GOOD IN ALL THINGS, FOR THERE IS GOOD THAT DOES EXIST IN ALL THINGS. AND AS I STATED EARLIER, THE BELIEFS OF THE PEOPLE, EVER IN KEEPING WITH THEIR OWN BELIEFS AND ACCEPTANCES, IT DOES SERVE AS A STRENGTHENING FOR THEIR FAITH IN TIME OF GREATEST NEED. BUT IT DOES NOT, IT DOES NOT IN ANY WAY FREE THE SOUL FROM ITS OWN TRANSGRESSIONS OF DIVINE NATURAL LAW.

QUESTION: WHEN WE SPEAK OF THE EVOLUTION OF A SOUL TALENT, DOES THIS MEAN THE TALENT HAD A DEFINITE BEGINNING WITH ONE PERSON IN ORDER TO START IT ALL IN MOTION?

ANSWER: WELL, IF YOU WISH TO CALL THE DIVINE INFINITE INTELLIGENCE, GOD, ONE PERSON, THEN YOU MAY DO SO; HOWEVER, REMEMBER THAT ALL TALENT AND ALL THINGS IN TRUTH EMANATE FROM THE ONE ETERNAL LIGHT CALLED DIVINE INTELLIGENCE. WHAT THE MIND DOES IN DIRECTING THIS INFINITE POWER AND LIGHT, OF COURSE, IS EVER IN KEEPING WITH THE MIND, AND THE MIND, IN TRUTH, IS WHAT DOES THE TRANSGRESSING. AND THE MIND, IN TRUTH, IS WHAT REAPS THE HARVEST. A SOUL TALENT IS SOMETHING THAT COMES DIRECTLY FROM THE SOURCE, AS ALL THINGS IN TRUTH DO. BUT IT MEANS THAT THE SOUL HAS EXPRESSED ENERGY IN A PARTICULAR AREA OF EXPRESSION OVER MANY, MANY CENTURIES. AND SO, HAVING DIRECTED ENERGY INTO A PARTICULAR AREA, THEY HAVE BECOME PROFICIENT IN THAT AREA, AND BECAUSE THEY HAVE BECOME PROFICIENT IN IT,
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AND BECAUSE SO MUCH OF THE SOUL'S ENERGY HAS BEEN EXPRESSED IN THAT AREA, IT IS A RESPONSIBILITY UNTO THEIR OWN EVOLVING SOUL THAT THEY USE THAT TALENT OR EXPRESSION NOT ONLY FOR THE BENEFIT OF THEIR MINDS, BUT FOR THE BENEFIT OF THEIR EVOLVING SOUL AND THE SOULS OF OTHERS ROUND AND ABOUT THEM. AND SO, MY FRIENDS, REMEMBER THAT IT IS THE MENTAL BODY, KNOWN AS THE GREAT DECISION MAKER, THAT ESTABLISHES THESE MENTAL LAWS, AND IN TURN, IS THE RECIPIENT OF THE EFFECTS OF THOSE LAWS. THE ETERNAL SOUL COMING FROM THE ALLSOUL HAS THE CAPABILITIES AND THE POTENTIALITIES OF THE WHOLE. IT IS THE MENTAL VEHICLE THAT THE SOUL IN ITS EVOLUTION HAS MERITED THAT IS THE LIMITER OF THE SOUL'S INTERNAL EXPRESSION.

QUESTION: IN DISCOURSE 62 WE LEARNED THAT THERE ARE NINE STATES OF CONSCIOUSNESS AND YOU MENTIONED SIX OF THEM. WILL YOU PLEASE GIVE US THE OTHER THREE?

ANSWER: WHEREAS THE SIX CONSCIOUSNESS THAT HAVE ALREADY BEEN GIVEN ARE YET TO BE APPLIED UNDER THE LAW OF CONTINUITY AND THE FACULTY OF REASON, WE ARE WAITING FOR A STUDENT TO RISE TO MAKE THE APPLICATION UNDER THE LAW OF CONTINUITY AND REASON. WHEN THAT TAKES PLACE, WE WILL BE MORE THAN HAPPY TO REVEAL THE OTHER THREE STATES OF CONSCIOUSNESS.

QUESTION: VERY OFTEN CHILDREN'S FAIRY TALES CONTAIN GREAT UNDERLYING TRUTHS. MANY OF THESE TALES DEAL WITH ELVES, FAIRIES, AND OTHER LITTLE MYSTERIOUS PEOPLE. ARE THESE SUCH BEINGS IN ANOTHER VIBRATION THAT IS NOT VISIBLE TO OUR PHYSICAL EYES, AND IF SO, WHAT ARE THEIR FUNCTIONS?

ANSWER: THERE ARE MANY FORMS, OF COURSE, IN MANY DIMENSIONS. AND IN REFERENCE TO ELVES AND

FAIRY TALES AND THINGS OF THAT NATURE, THEY ARE NOTHING MORE AND NOTHING LESS THAN WHAT IS CALLED AND KNOWN AS THE NATURE SPIRITS. THEIR JOB AND THEIR RESPONSIBILITY IS TO CARE FOR THE FORMS OF NATURE, AND THAT IS EXACTLY WHAT THEY DO. OFTTIMES LITTLE CHILDREN WILL SEE THEM AS PLAYMATES. THEY WILL SEE THEM AS THE LITTLE PEOPLE, WHICH IN TRUTH THEY ARE, LITTLE PEOPLE. THEY ARE DIFFERENT FROM THE EVOLVING INDIVIDUALIZED SOUL OF WHAT YOU CALL THE HUMAN IN THE SENSE THAT THEY ARE THE FORMS THROUGH WHICH THE DIVINE EXPRESSES ITSELF IN ORDER TO FORM THE MANY MULTITUDES OF FORMS OF SO-CALLED CREATION OR NATURE.

QUESTION: WHERE DOES ONE DRAW THE LINE IN GIVING ATTENTION TO DETAILS SO THAT ONE IS NOT DRAWN INTO THE BONDAGE OF FASCINATION?

ANSWER: BY NOT BEING CONCERNED ABOUT DETAILS. THE MOMENT THAT WE PERMIT THE MIND TO BE CONCERNED, THEN WHAT WE DO IS BIND OURSELVES TO THE AUTHORITY OF THE MIND. NOW THE QUESTION MAY WELL ARISE, THEN HOW DO I DEFINE WHERE MY PERSONAL ESPONSIBILITY MEETS MY DESIRES, FOR A THIN LINE OF REASON MUST EXIST?

NOW WE HAVE SPOKEN IN MANY WAYS AND IN MANY, MANY DAYS, ONE SIMPLE AND PURE ETERNAL TRUTH, AND WE HAVE SPOKEN IT IN A MULTITUDE OF DIFFERENT WAYS. AND YET WE HAVE FOUND OVER THESE MANY CENTURIES THAT THAT VERY SIMPLE TRUTH IS THE VERY LAST THING THE HUMAN MIND WILL ACCEPT. THE REASON THAT THIS SIMPLE TRUTH, ABOUT TO BE SPOKEN AGAIN, IS THE VERY LAST THING THAT THE HUMAN MIND WILL ACCEPT IS BECAUSE THE HUMAN MIND KNOWS ONCE IT ACCEPTS AND APPLIES THIS GREAT SIMPLE TRUTH THAT ITS AUTHORITY OVER THE ETERNAL EVOLVING SOUL WILL NO LONGER EXIST. THIS IS THE VERY THING THAT ALL SOULS ARE STRIVING TO RISE TO BE FREE. AND
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Gems of Light

LAUGHTER IS A BROOK WITHOUT ROCKS, AND
SADNESS A CLIFF WITHOUT A TREE.

THE WISDOM OF TEACHING IS FOR THE TEACHER
TO BE A STUDENT AND THE STUDENT WILL BE A
TEACHER TO THE TEACHER.

FAILURE IS FEAR'S EXISTENCE, FAITH HER
FIRM DENIAL.

MAN'S VALUES ARE DEPENDENT UPON THE
AVAILABILITY OF WHAT HE DESIRES.

I'M ONLY A WITNESS OF TIME PASSING ON,
A WITNESS OF THINGS THAT HAVE COME AND GONE
NEVER THE JURY OR JUDGE WILL I BE,
FOR I AM THE WITNESS, THE LIFE AND THE
TREE.

OH SLEEPER DOTH THOU WAKE SERENE KNOWING
LIFE IS BUT A SCENE.

WHEN THE STRUGGLE IS THE GREATEST, VICTORY
IS AT HAND.

Spiritual Healing

by Miriam Bostwick*

SO OFTEN WHEN WE THINK OF THE HEALING PROCESS WE LIMIT IT TO THE EFFECTS OF MEDICAL TREATMENT. WE DO NOT ALWAYS STOP TO CONSIDER THE DIVINE POWER WITHIN EACH AND EVERYONE OF US TO HEAL OURSELVES. ALL ILLNESS TAKES PLACE WHEN THERE IS A CHEMICAL IMBALANCE. THEREFORE, ALL HEALING TAKES PLACE WHEN THE CHEMICAL BALANCE IS RESTORED -- WHEN THE ELECTRIC AND MAGNETIC FIELDS ARE IN BALANCE. PEACE IS THE POWER WHICH BRINGS ABOUT THAT PERFECT BALANCE, SO THAT HARMONY, THE LAW OF HEALTH, REPRESENTED BY THE LUNGS, CAN PERMEATE OUR AURA AND BODY.

IT THEREFORE BEHOOVES US TO MAKE GREAT EFFORT TO BE AT PEACE SO THAT WE CAN ENJOY OUR BIRTHRIGHT -- PERFECT HEALTH. BEFORE WE GO OFF TO SLEEP AT NIGHT, LET US MAKE CERTAIN WE HAVE QUIETED OUR MINDS SO THAT WE MAY VISIT PEACEFUL REALMS AND AWAKEN REJUVENATED. LET US EACH MORNING ARISE WITH GRATITUDE FOR BEING ON EARTH AND WITH RENEWED ENTHUSIASM TO DO GOD'S WORK. IN OUR MORNING MEDITATION, LET US CONCENTRATE ON PEACE, FOR WHAT WE DIRECT OUR ATTENTION TO, WE HAVE A TENDENCY TO BECOME. AND LET US TAKE STOCK ALL DURING THE DAY OF WHERE OUR THOUGHTS ARE BEING DIRECTED THAT WE MAY EVER RETURN CONSCIOUSLY TO THOSE THOUGHTS THAT BRING US PEACE. PEACE IS OUR GREATEST HEALING BALM. THIS POWER IS WITHIN US ALL. WE CAN EXPRESS IT AT ANY MOMENT THAT WE CHOOSE. THE ONLY PRICE WE PAY FOR PEACE IS THE EFFORT WE MAKE TO CONTROL OUR MIND SO THAT OUR SOUL CAN EXPRESS THIS BEAUTIFUL FACULTY. □

Visitors' Views

"I ENJOYED MY FIRST VISIT AND PLAN TO COME NEXT SUNDAY. I FEEL I WILL GAIN MUCH BY FOLLOWING THE BEAUTIFUL MESSAGES." -K.L.

"I ENJOYED THE SERVICE IMMENSELY AND FOUND IT VERY ENLIGHTENING. THE SPEAKERS SPOKE ELOQUENTLY AND DIVINELY ON COMPASSION. I LEARNED MUCH ON THE DISCOURSE. THANK YOU TO SERENITY FOR MAKING MY LIFE LESS COMPLICATED, BY PUTTING INTO WORDS THE IMPENETRABLE."

"VERY INTERESTING AND ENCOURAGING. I WILL TRY THIS MORE OFTEN." - W.L.

"I FELT VERY ENLIGHTENED BY THE ENTIRE SERVICE. RECEIVED VERY POSITIVE VIBRATIONS." - S.R.

"MY INTEREST WAS LACED WITH TOLERANT SKEPTICISM WHEN I ACCOMPANIED A FRIEND TO YOUR CHURCH THIS LAST SUNDAY. WHILE SHE HAD BEEN MINIMALLY INFORMATIVE AS TO THE CHURCH SERVICES, I'LL HAVE TO ADMIT I WAS VISUALIZING A 'SEANCE-AND- TABLE-RAPPING' THEME. HOW DELIGHTED I WAS TO HEAR A LECTURE EXPRESSING METAPHYSICAL PHILOSOPHY WITH WHICH I WAS FAMILIAR; THE 'POSITIVE' UPLIFTING KIND REQUIRING MIND ACTIVITY RATHER THAN A BLIND FOLLOWING OF DOGMA! AND THEN THE LAST TRACE OF SKEPTICISM VANISHED WHEN THE QUESTIONS WERE ANSWERED, NOT WITH PLATITUDINOUS GENERALITIES, BUT WITH STARTLING SPECIFICS. I HOPE TO RETURN FREQUENTLY; THANK YOU FOR AN EXTRAORDINARY EXPERIENCE I SHALL NEVER FORGET." - R.J.G

"I GOT A LOT OUT OF THE READINGS AND THE TOUCH OF HUMOR IS SO NICE. I WOULD LIKE TO COME BACK AGAIN."

Invocation

THANK THEE, O GOD
FOR PEACE AND HARMONY
THAT WE MAY BE
THE GOODNESS OF THEE.

Reading

IT HAS BEEN SAID THAT "WE ARE WHAT WE EAT." THE LIVING LIGHT PHILOSOPHY WOULD ADD THAT WE ARE WHAT WE THINK, THAT AS WE THINKETH WE BECOMETH. THUS, WHAT WE ARE, AND WHAT WE WANT TO BECOME ARE DEPENDENT TO A GREAT EXTENT UPON NOT ONLY WHAT WE EAT, BUT ALSO UPON WHAT WE THINK WHEN WE ARE EATING, AND HOW WE EAT. AS WE BALANCE OUR THOUGHTS BETWEEN THE PAST AND FUTURE AND IN THE MOMENT OF "NOW," WE ARE AT PEACE--WE ARE IN HARMONY WITH LIFE, AND THAT IS THE VIBRATION THAT IS PLACED UPON THE FOOD WE ARE EATING. WITH THIS VIBRATION OF PEACE, THE FOOD IS CONVERTED INTO PEACEFUL ENERGY--ENERGY THAT IS USED AND NOT ABUSED BY BEING STORED IN THE BODY AS FAT. IT IS WHEN WE ARE OUT OF HARMONY WITH THE SOURCE OF LIFE, WHEN WE ARE THINKING DISCORDANT THOUGHTS DURING OUR EATING THAT WE EXPERIENCE DISCORD IN OUR LIVES AND STORED ENERGY IN OUR BODIES. WHEN WE DIRECT OUR THOUGHTS TO THE FOOD WE ARE EATING UNTIL ONLY THE ESSENCE REMAINS, WHEN WE ARE CONSCIOUSLY AWARE OF EACH CHEW, AND WE CHEW IN A RHYTHMICALLY SLOW AND PEACEFUL WAY, WE BREAK DOWN THE FOOD INTO ITS BASIC ELEMENTS IN A HARMONIOUS WAY. FOR WE ARE AT PEACE, ONE WITH THE SOURCE OF LIFE, AND IN THE FLOW OF NATURAL LAWS.

IT IS NOT FOOD THAT TEMPTS MAN, IT IS MAN'S MIND THAT TEMPTS MAN INTO LEAVING THAT PEACEFUL MOMENT TO THINK ABOUT THIS AND THAT. IT IS AT THIS POINT OF TEMPTATION BY THE MIND, THAT
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Serenity Students

by Hilda D. Gibson*

GOD IS THE MASTER PAINTER. ALL CREATION FLOWS FROM HIS PALETTE OF LOVE IN A PROFUSION OF COLOR UNEQUALLED BY MAN. EACH BRUSHSTROKE CARRIES WITH IT ITS OWN COLOR -- ITS OWN VIBRATION -- AND THAT SYMPHONY OF COLOR IS THE BALANCE OF NATURE.

IN MAN'S REVERENCE FOR THE MASTERWORKS OF A REMBRANDT OR DA VINCI, HE ACCEPTS ALL COLOR ON THE CANVAS AS NECESSARY TO THE WHOLE. WHY, THEN, DOES HE REJECT THE PIGMENT CHOSEN BY THE MASTER PAINTER WHEN HE PAINTED MAN?

WE ARE BUT A BRUSHSTROKE ON THAT GREAT CANVAS, AN INSTRUMENT OF THE DIVINE ON WHICH HE PLAYS HIS SYMPHONY. WE CAN CHOOSE TO BE IN HARMONY WITH IT, OR DESTROY ITS BEAUTY BY DENYING THE RIGHT OF BALANCE TO HIS MASTERPIECE.

"O ARTIST, PAINT YOUR SCENE IN PART, KNOWING I AM ALL OF ART." -- The Living Light

Editor's Note -- The SENTINEL extends its appreciation to the many students of the Serenity concept of Spiritualism who contribute their articles to this magazine, sharing their understanding with our readers. Student articles are recognized by an asterisk.*

Children's Corner

GOD LOVES ME AND AT NIGHT HE WATCHES OVER
ME SO I HAVE A GOOD SLEEP.

Christopher Truitt, Age 3

IN THE MORNING I SAY IT'S A WONDERFUL DAY
AND AT NIGHT I SAY MY HEALING PRAYER.

Rickey Arcona, Age 5

GOD TREATS ME NICE.

Tommy Arcona, Age 3

I PUT GOD FIRST AND IN THE TREES BECAUSE I
LIKE TO. I LIKE TO PAINT RAINBOWS AND I LIKE
TO SAY THANK YOU, GOD, I'M AT PEACE.

Jessica, Age 4

GOD PUTS ME IN BED AND HE PUTS ME IN THE
CAR AND HE BRINGS ME TO CHURCH.

Heather Truitt, Age 4

MY MOMMY IS GOING HELP ME LEARN MY
AFFIRMATION, THANK YOU, GOD, I AM AT PEACE.

Crystal, Age 2


I LOVE GOD AND HE LOVES ME. GOD HELPS ME STAY
IN THE BIG ME AND HE'S EVERYONE'S FRIEND.

Erica, Age 4 1/2

WHEN YOUR IN GREED OTHER PEOPLE DON'T
NECESSARILY UNDERSTAND YOU BECAUSE YOU ALWAYS
ARE BEING VERY MEAN AND INCONSIDERATE.

Michael Field, Age 11

In keeping with Serenity's policy to encourage expression by all its students, this column contains the unedited articles submitted by the children attending our children's philosophy classes.

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FOR AN UNDERSTANDING

TO FREE THE SOUL

FROM THE BONDAGE

OF THE MIND.

DEMONSTRABLE LAW IS GIVEN IN ITS

SIMPLE TRUTH.

*A DESCRIPTIVE CASSETTE CATALOG
WITH DETAILS OF
THE SERENITY CASSETTE CLUB
IS YOURS FOR THE ASKING.*

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Forest Knolls, CA 94933**



DIVINE HEALING PRAYER

I accept that the Divine Healing Power
Is removing all obstructions
From my mind and body
And is restoring me to perfect
Health, wealth and happiness.
My heart is filled with gratitude
For the Divine Law of Acceptance
That is healing both present and absent ones
Who are in need of help.
Peace, the power that healeth,
Is guiding my thoughts, acts and deeds,
As God and I go hand in hand
Living a life of joyful abundance.



READING

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MAN FORGETS, GIVES CONTROL OVER HIS EATING TO THE MENTAL REALMS AND LOSES THE NATURAL, FREE FLOWING RHYTHM OF NATURE TO ASSIMILATE THE FOOD. JUST AS IT TAKES TIME FOR A PLANT TO ASSIMILATE ITS FOOD AND CONVERT IT INTO ENERGY, SO TOO, IT TAKES TIME FOR MAN TO CONVERT FOOD INTO ENERGY. IT IS THE SLOW, RHYTHMICAL, AND PEACEFUL CONVERSION OF FOOD INTO ENERGY THAT WILL KEEP MAN FROM STORING THE ENERGY IN HIS BODY IN THE FORM OF FAT.

THEREFORE, IF WE WANT TO BE IN HARMONY WITH THE GOODNESS OF LIFE, IF WE WANT TO HAVE OUR BODIES BE IN TUNE WITH THE SOURCE OF LIFE, THEN WE MUST TUNE OURSELVES TO THE SOURCE BY MAKING A CONSCIOUS EFFORT TO (1) BE AWARE OF OUR THOUGHTS; (2) BE IN CONTROL OF WHAT WE ARE THINKING; (3) FOCUS OUR THOUGHTS UPON THE POWER OF PEACE, AND (4) IN A RHYTHMICAL MANNER CHEW OUR FOOD UNTIL ONLY THE ESSENCE REMAINS--PEACE. THE ESSENCE OF THOUGHT IS THE PRINCIPLE OF CREATION. THUS, WHEN THE ESSENCE OF OUR THOUGHT IS PEACE, HARMONY, AND RHYTHM, WE ARE IN BALANCE, IN TUNE WITH THE GOODNESS OF LIFE, WITH GOD, AND WE CREATE A BEAUTIFUL TEMPLE FOR GOD TO EXPRESS THROUGH.

Benediction

O GOD, MAY WE MAKE OUR HOUSE OF CLAY
A REFLECTION OF THEE EVERYDAY.

A FREE MAN SEES BONDAGE AS DIRECTION
FOR A TIME, BUT A FOOL SEES IT FOR A LIFETIME.

MAN'S ONLY SUFFERING IS HIS DENIAL OF GOD.

- The Wise One

In Our Thoughts

BLACKHAWK, JR.

BUBBA

MARY BOWEN

BEATRICE CARRILLO

PETE CARRILLO

DEAN CAVENDER

VERA CAVENDER

HARRY CLAVERI

TONY CONTI

CHARLIE CRAMER

EMMA FINK

PETER FINK

FRANCIS M. GELARDI, JR.

ISA GOODWIN

KATHLEEN GRAVES

MICHELE GRAVES

SCOTT GRAVES

HINDE FAMILY

HANSON FAMILY

FETA HESH

JONQUIL

ELIZABETH KUBAT

CHARLOTTE KWEDER

MARTHA KRONEDER

LUCAS FAMILY

ERICK OTHBERG

GRETA OTHBERG

PEPPE

SHELEIKA

SNOWFLAKE

CARLOTTA SOSA

JUAN SOSA

LILLIAN SOSA

THOMAS SOSA

SUNSHINE

SUZIE

BRITTA UPPSTROM

ESTHER YAVNEH

VERA YOUNDAVICH

IRENE WATERS

TO SEND A HELPFUL THOUGHT OF JOY AND LIGHT
TO THOSE YOU LOVE WHO HAVE PASSED TO THE HIGHER
LIFE, LIST THEIR NAMES IN THIS COLUMN. DONATION
OF ONE DOLLAR PER NAME IS REQUESTED.

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THIS ENERGY IS NOT IN KEEPING WITH THE VERY NERVES ON WHICH IT PASSES, IF THERE IS AN OVER-ABUNDANCE OF THIS ENERGY, THEN IT SLOWLY BUT SURELY BURNS OUT THESE VARIOUS AREAS OF THE NERVES. IF THE ENERGY IS INSUFFICIENT TO CARRY THIS THOUGHT FORM THROUGH THESE VARIOUS NERVES OF THE BODY, THEN THAT AT THE VERY END OF THE NEVER IS NOT SUFFICIENTLY ENERGIZED AND THEREFORE IS NO LONGER WHAT YOU WOULD CALL HEALTHY.

AND SO IT IS, MY STUDENTS, THAT EACH AND EVERY PART OF YOUR ANATOMY HAS BEEN CHARTED BY THE DIVINE ARCHITECT TO REVEAL UNTO YOU WHAT YOU ARE DOING WITH YOUR HOUSE OF CLAY. YOU CAN CHANGE ANY DISTURBANCE WITHIN YOUR HOUSE OF CLAY BY FIRST BEING HONEST WITH YOURSELF, AND THROUGH THE FACULTY OF HONESTY, IT WILL AWAKEN WITHIN YOU THE DISTURBANCE IN YOUR MIND THAT IS OUT OF BALANCE, AND YOU WILL AWAKEN TO THE CORRESPONDING SOUL FACULTY AND RESTORE YOUR HEALTH, YOUR WEALTH, AND YOUR HAPPINESS. MY GOOD STUDENTS, HEALTH, WEALTH, AND HAPPINESS IS AN INSEPARABLE TRIUNE FACULTY, FOR WITHOUT HEALTH, HERE IS NO TRUE WEALTH, AND WITHOUT HEALTH AND WEALTH, THERE IS NO HAPPINESS. AND SO HEALTH, BEING THE VERY APEX OF THAT FACULTY, IS THE THING TO WORK ON TO RESTORE YOUR HOUSE OF CLAY, YOUR BEING TO ITS RIGHTFUL PLACE OF PERFECT HEALTH. THAT IS WITHIN YOUR POWER BY RESTORING BALANCE TO YOUR BEING. AND AS WE SAID EARLIER, SLOW DOWN YOUR BREATHING PROCESS. AND AS YOU SLOW IT DOWN, YOU WILL INDEED BE AMAZED AT THE THOUGHTS WITHIN YOUR MIND THAT YOU WERE NOT HITHERTO AWARE OF.

BUT IN BECOMING AWARE, FEAR NOT, FOR THE POWER OF THE DIVINE IS GREATER THAN THE THOUGHT. AND KEEP GOD IN ALL THOUGHT, FOR THAT IS YOUR OPPORTUNITY TO BRING BALANCE IN YOUR LIFE. YOUR SOUL FACULTIES ARE THE VERY LIGHT OF THE DIVINE. AND WHEN YOU PUT GOD IN YOUR

THOUGHT, YOU ARE TURNING A KEY IN THE DOOR OF UNDERSTANDING WHICH WILL PERMIT THE CORRESPONDING SOUL FACULTY TO THE SENSE FUNCTION TO ENTER. AS IT ENTERS, THERE IS A RESTORATION OF GOODNESS, ABUNDANCE AND JOY IN YOUR LIFE. I ASSURE YOU THAT IT DOES TAKE SOME DEGREE OF CONSCIOUS AWARENESS, SOME DEGREE OF EFFORT, BUT THE BENEFITS ARE BEYOND DESCRIPTION. START THIS MOMENT WITH EACH THOUGHT THAT YOU ARE CONSCIOUSLY AWARE OF, BY PUTTING GOD IN IT. YOU WILL VERY QUICKLY BECOME AWARE OF A DIFFERENCE IN YOUR LIFE.

APPLICATION, A SOUL FACULTY THAT IS THE VERY INSTRUMENT THROUGH WHICH THE DIVINE BEING MOVES, EVER RESPONDS TO YOU. IN YOUR ENDEAVOURS IN LIFE, THROUGH THE FACULTY OF APPLICATION, THE ENERGY FLOWS UNOBSTRUCTED. WHATEVER IT IS THAT YOUR INTERESTS ARE IN, APPLY. APPLICATION MEANS "TOTAL EXPRESSION OF THE BEING." PUT THE TOTALITY OF YOUR BEING IN YOUR EFFORTS, AND YOU WILL NEVER BE CONCERNED OVER THE RESULTS. BUT BEFORE YOU CAN PUT THE TOTALITY OF BEING IN YOUR EFFORTS, YOU MUST BECOME AWARE OF THE LEVELS OF CONSCIOUSNESS WITHIN YOU, THAT YOU MAY ASSURE YOURSELF THAT THE TOTALITY OF YOUR BEING, MEANING ALL LEVELS OF CONSCIOUSNESS WILL COOPERATE, WILL UNITE, AND THEN SUCCESS IS ABSOLUTELY ASSURED. AND SO YOU SEE, MY GOOD STUDENTS, WITHOUT TOLERANCE THERE IS NO SUCCESS, FOR THESE VARIOUS LEVELS OF CONSCIOUSNESS ALL WANT TO MAINTAIN THEIR VARYING DEGREES OF AUTHORITY WITHIN YOU. AND SO TOLERANCE, THE SOUL FACULTY, MUST RISE SUPREME THAT THEY SHALL ALL BOW IN HUMBLENESS TO THAT AUTHORITY AND YOU MOVE ON TO EVER INCREASING AND EXPANDING SUCCESS IN LIFE.

UNITED, MAN STANDS. UNITED, WHEN HE BECOMES AWARE. AND TO SOME ALONG THE PATH, IT IS DISTURBING TO THEM TO AWAKEN TO THIS CONTRADICTION THAT EXISTS WITHIN THEM, BUT REMEMBER THAT FORGIVENESS FREES. BUT BEFORE YOU

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CAN HAVE FORGIVENESS, YOU MUST HAVE TOLERANCE. AND BEFORE TOLERANCE, COMES GRATITUDE, AND BEFORE GRATITUDE, DUTY. AND BEFORE DUTY, WE MUST LOOK AND SEE RESPONSIBILITY. AND BEFORE RESPONSIBILITY, WE VIEW IDENTITY. AND SO IN THE FINAL ANALYSIS, ALL OF THESE MULTITUDES OF FORMS AND EXPERIENCES ARE ALL GIVEN BIRTH BY THE THOUGHT OF "I." HOW BEAUTIFUL LIFE TRULY IS WHEN YOU GIVE UP THE THOUGHT OF "I." YOUR LIMITED RESTRICTED UNIVERSE OPENS UP AND EXPANDS AND ENCOMPASSES THE TOTALITY AND THE ALLNESS EVERYWHERE.

DECLARE YOUR RIGHT. ACCEPT THE BROADER HORIZONS THAT ARE BEFORE YOU THIS MOMENT. BUT MAN OFTEN ASKS, "HOW DO I CHANGE MY IDENTITY?" MY GOOD STUDENTS, YOUR IDENTITY IS IN A CONSTANT PROCESS OF CHANGE. AND SO THE QUESTION SHOULD BE, "HOW DO I CONTROL MY IDENTITY?" AND SO IT IS, BECOME AWARE, FOR YOU CANNOT CONTROL WHAT YOU ARE NOT AWARE OF. BECOME AWARE. AND WHEN YOU FEEL GOOD, BECOME AWARE OF WHAT YOU ARE IDENTIFYING WITH. AND WHEN YOU FEEL THE OPPOSITE, BECOME AWARE OF WHAT YOU ARE IDENTIFYING WITH.

AND SO YOU KNOW, YOU CHANGE YOUR IDENTITY OFTEN. IT'S ALL A MATTER OF CHOICE, BUT CHOICE IS AN EFFECT OF CONTROL. YOU CANNOT CHOOSE WHAT YOU DO NOT CONTROL, AND YOU CANNOT CONTROL WHAT YOU ARE NOT AWARE OF.

AWAKEN, MY STUDENTS, YEA EVEN MORE, FOR YOU HAVE AWAKENED INDEED A GREAT DEAL, MORE THAN MOST OF YOU REALIZE. YOU HAVE AWAKENED FOR YOU HAVE AWAKENED TO AREAS OF CONSCIOUSNESS THAT THE MASSES WOULD NOT YET CONSIDER. BUT DO NOT STOP NOW ON THE BIRTH OF YOUR AWAKENING. THINK AND THINK AND THINK MORE DEEPLY, FOR IN THAT THINKING IS YOUR AWARENESS GIVEN BIRTH, AND IN THAT AWARENESS YOU VIEW THE LAW OF IDENTITY. (This class is available on recorded
30 cassette Tape)

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SO ONCE AGAIN WE REVEAL THAT GREAT SIMPLE TRUTH: EVERYTHING THAT YOU EXPERIENCE IN LIFE IS AN EFFECT OF WHAT IS GOING ON WITHIN YOUR OWN MINDS; EVERYTHING IS INSIDE.

(continued next issue)

QUESTIONS & ANSWERS

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CANNOT TOLERATE, THEY HAVE NO PROBLEM AT ALL. WE ARE THE ONES THEREFORE THAT HAVE THE PROBLEM AND HAVE BECOME THE VICTIM.

NOW, THINK OF THE WORLD WE LIVE IN--THINK HOW EASILY IT WOULD BE, AND IS, TO CONTROL THE MASSES. ALL YOU HAVE TO DO IS TO DO THINGS THEY CANNOT TOLERATE, AND BY SO DOING, YOU HAVE CONTROL OVER THEIR EMOTIONS, AND CONTROL OVER THEIR LIFE. THINK OF WHAT WE ARE DOING TO OURSELF, AND BECAUSE THE MASSES OF PEOPLE BELIEVE THAT THE PROBLEMS THEY EXPERIENCE ARE CAUSED OUT THERE IS SOMEONE ELSE'S HEAD, YOU EVEN HAVE MORE CONTROL OVER THEM. AND SO, WE LIVE EACH DAY--I'M AWARE NOW, FRIENDS, WE ARE SUPPOSED TO HAVE QUESTIONS AND ANSWERS, I HOPE WE CAN GET TO THAT, BUT I'M A FIRM BELIEVER IN EVOLUTION, WITHOUT CHANGE THERE IS NO EVOLUTION, AND I WANT TO EVOLVE LIKE EVERYONE--BUT THINK OF HOW WE ARE CONTROLLED. BY ALL OF THE THINGS WE CANNOT TOLERATE, WE ARE CONTROLLED. WE ARE NEVER CONTROLLED BY THE THINGS THAT WE TOLERATE. WE CAN ONLY BE CONTROLLED BY THE THINGS THAT WE ARE NOT TOLERANT WITH BECAUSE THE OPPOSITE OF TOLERANCE, INTOLERANCE, IS DENIAL, AND IS DESTINY. SO, NO MATTER WHERE YOU GO, AND NO MATTER WHAT YOU DO, REMEMBER, HOW YOU THINK IS THE WAY YOUR LIFE WILL BE, NOT THE WAY SOMEONE ELSE THINKS, UNLESS YOU HAVE JUDGED THAT THE WAY THAT THEY THINK IS INTOLERABLE TO YOU. AND IF THE WAY THEY THINK IS INTOLERABLE TO YOU, THEN THEY

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HAVE CONTROL OVER YOU.

THINK OF OUR DAILY WORK. THINK OF THE EMPLOYERS, THE COMPANIES, THE CORPORATIONS THAT WE HAVE ALLOWED OURSELF TO BE THE VICTIM OF. THINK OF THE PHILOSOPHIES, THE POLITICS, THAT WE HAVE ALLOWED OURSELF TO BE THE VICTIM OF. MY FRIENDS, EVERY MIND DESIRES TO SUCCEED. SUCCESS IS EVER DEPENDENT UPON YOUR DEGREE OF TOLERANCE. LOOK HOW MANY TIMES YOU HAVE WORKED SO HARD TO GET SO FAR TO HAVE IT ALL COLLAPSE. THE ONLY THING THAT CREATED THAT, SURE IT WAS SOMEONE ELSE--IT WAS THE SOMEONE ELSE THAT YOU COULDN'T TOLERATE. IT WAS THE SOMEONE ELSE THAT YOU JUDGED WAS WRONG. HE WHO GRANTS THE RIGHT OF TOLERANCE TO HIMSELF, BY THE LAW THAT WE CAN ONLY GIVE TO ANOTHER WHAT WE CAN GIVE TO OURSELF, HAS TOLERANCE WHEREVER THEY GO. IF YOU FIND IT DIFFICULT IN TOLERATING THINGS, AND PEOPLE, AND PLACES, REMEMBER YOU ARE NOT TOLERANT WITH YOURSELF. SO WE BEGIN ON MAKING SOME EFFORT INSIDE OF OURSELF. NOW TOLERANCE, SURELY WE WILL ALL AGREE, IS THE EFFECT, THE EFFECT, OF UNDERSTANDING. THE MOMENT WE UNDERSTAND SOMETHING, WE HAVE NO PROBLEM WITH TOLERANCE AT ALL, BECAUSE WE UNDERSTAND IT. AND THE REASON THAT WE HAVE NO PROBLEM WITH TOLERANCE THE MOMENT WE UNDERSTAND IT IS BECAUSE MAN CANNOT ENTERTAIN JUDGMENT WITH ANYTHING THAT HE TRULY UNDERSTANDS. WHEN YOU UNDERSTAND, THERE IS NO JUDGMENT. BUT HOW DOES MAN GAIN UNDERSTANDING? SURELY, WE AGREE WE CANNOT EXPERIENCE UNDERSTANDING UNLESS WE HAVE SOME DEGREE OF COMMUNICATION. WE CANNOT UNDERSTAND OUR MANY DIFFERENT ATTITUDES, AND FEELINGS, AND THOUGHTS, AND LEVELS OF CONSCIOUSNESS IF WE DON'T COMMUNICATE WITH THEM. AND IF WE DON'T COMMUNICATE WITH THEM, WE CANNOT UNDERSTAND THEM, AND IF WE CAN'T UNDERSTAND THEM, WE CERTAINLY CANNOT TOLERATE THEM. WE ALL KNOW THAT WE DO THINGS, AND AFTER WE HAVE DONE THEM

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WE DON'T UNDERSTAND WHY WE DID THEM. WELL, WE WOULD UNDERSTAND WHY WE DID THEM IF WE HAD COMMUNICATED WITH THOSE DIFFERENT MOTIVATIONS THAT ARE WITHIN OURSELF.

HERE WE GO AGAIN, OF COURSE, IN THE UNIVERSE, RIGHT BACK TO OURSELF. BUT OUR LIFE REALLY IS BEAUTIFUL, IF WE WILL ONLY PAUSE TO THINK. IF WE WILL FREE OURSELF FROM DEPENDENCE. YOU KNOW, WE ENTERED THIS EARTH IN EVOLUTION, FORMLESS, FREE SPIRIT, WITH A COVERING OF SO-CALLED INDIVIDUALIZED SOUL. IT IS NOT OUR PURPOSE TO BE BOUND, BUT WE ARE BOUND BECAUSE THE MOMENT WE DEPEND, THE MOMENT WE DEPEND ON PEOPLE, PLACES, AND THINGS, THAT IS THE MOMENT THAT WE ARE BOUND, FOR IT IS IN THAT MOMENT THAT THE LAW OF JUDGMENT IS ESTABLISHED. AND SO WE SUFFER WHEN THEY ARE GONE, WE THINK WE ARE HAPPY WHEN THEY ARE PRESENT, AND IN BETWEEN ONLY GOD KNOWS WHAT'S REALLY GOING ON. I ASK YOU, MY GOOD FRIENDS, IS THAT THE WAY WE REALLY WANT TO LIVE? TO HAVE A WEEK OF SO-CALLED HAPPINESS, AND TEN YEARS OF THE OPPOSITE? OR, TO BE GOING THROUGH THAT PROCESS JUST BECAUSE SOMEONE DOESN'T DO WHAT WE WANT THEM TO DO BECAUSE THAT'S WHAT WE WANT, WHEN MOST OF THE TIME WE AREN'T QUITE SURE OF WHAT WE DO WANT. ONE MOMENT WE ARE HUNGRY, AND THE NEXT MINUTE WE ARE FULL. ONE MINUTE WE WANT TO GO TO THE BEACH, AND THE NEXT MINUTE TO THE MOUNTAINS. WE'RE REALLY NEVER QUITE SURE.

AND SO YOU SEE, MY FRIENDS, WHENEVER WE DEPEND UPON OUR MIND, WE BECOME BOUND BY OUR MIND. WE ARE NOT SURE WHETHER THIS IS GOING TO WORK, AND WE ARE NOT SURE IF THAT'S GOING TO WORK. WELL, HOW CAN WE BE SURE? THERE'S NO POSSIBLE WAY THAT WE CAN BE SURE BECAUSE OUR EFFORT IS NOT BEING MADE TO KNOW OURSELF. NOW, IF WE KNEW OURSELF, WE WOULD KNOW THAT LEVEL TWENTY-FOUR WANTS TO GO TO THE BEACH, WHILE LEVEL TWELVE WANTS TO GO TO THE MOUNTAINS. LEVEL 10 WANTS TO BUY A NEW CAR, AND LEVEL 3

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WANTS TO LEASE IT. THEN WE WOULD GRADUALLY, SLOWLY BUT SURELY, BEGIN TO KNOW OURSELF, AND WE'D SAY, "NOW, HERE ARE EIGHTY-ONE LEVELS -- NOW, I WANT YOU THOUGHTS ALL TO GET TOGETHER HERE BECAUSE THIS IS WHAT I'M GOING TO DO, THAT'S ALL THERE IS TO IT--THERE IS NO DOUBT, THEREFORE THERE IS NO FEAR, THAT'S THE WAY THAT IT IS, NO MATTER WHAT COMES OR GOES--CAUSE THAT'S WHAT I AM DOING--PERIOD." NOW, THEY SAY MEN GET MARRIED AND THEY ALWAYS HAVE COLD FEET. WELL, WHAT'S COLD FEET? WE UNDERSTAND, OF COURSE, FEET IS UNDERSTANDING, AND THEIR UNDERSTANDING GETS A BIT CHILLED. WELL, THEY BETTER WORK ON THE UNDERSTANDING BEFORE THEY GO TO THE ALTAR SO THEY CAN GET THEMSELVES WARMED UP A BIT.

NOW, I'M GOING TO GET ON TO YOUR QUESTIONS AND ANSWERS. READ YOUR FIRST QUESTION PLEASE.

QUESTION: WHY ARE THE CONSEQUENCES OF PROCRASTINATION REGRET AND SELF-PITY?

ANSWER: BECAUSE, MY FRIENDS, WE ALL HAVE WHAT IS KNOWN AS A CONSCIENCE--A SPIRITUAL SENSIBILITY WITH A DUAL CAPACITY THAT KNOWS RIGHT FROM WRONG AND IT DOESN'T HAVE TO BE TOLD. NOW, WHEN WE PROCRASTINATE, WE REVEAL TO OURSELF, AND OBVIOUSLY ANYONE WHO IS AWARE OF OUR PROCRASTINATIONS, THAT WE ARE NOT YET ABLE TO CONTROL OUR MIND. AND, THEREFORE, WE DO NEED A GREAT DEAL OF HELP. BECAUSE YOU SEE--WHAT IS PROCRASTINATION? ONE LEVEL OF OUR MIND DECIDES WE ARE GOING TO DO SOMETHING AND WE COMMIT OURSELF TO DOING WHAT WE WANT TO DO. BUT A FEW MINUTES, A FEW DAYS, A FEW WEEKS PASS--THERE IS SOME OTHER LEVEL IN CONTROL IN OUR MIND. IT IS NOT CONCERNED ABOUT WHAT COMMITMENTS WE HAVE MADE, IT IS ONLY CONCERNED WITH THE DESIRE THAT IT HAS AT THE MOMENT. NOW, WE SEE THIS HAPPENING AROUND US ALL THE TIME. PEOPLE COMMIT

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THEMSELVES TO BE ON TIME FOR SOMETHING AND THEY HAVE TO BE LATE. BUT THEY HAVE TO ASK THEMSELF, WHAT INSIDE OF ME, O GOD, MAKES ME BE LATE WHEN I COMMIT MYSELF TO BEING SOMEPLACE AT A SPECIFIED TIME? WHAT IS IT INSIDE OF ME THAT DOES THAT TO ME? HELP ME BECOME AWARE, FOR SURELY IT IS NOT A MARK OF A GOOD AND STRONG CHARACTER. WHEN WE SAY WE ARE GOING TO DO SOMETHING, LET US HAVE ENOUGH SELF CONTROL TO DO IT, OR LET US NOT SPEAK AND SAY WE ARE GOING TO DO SOMETHING.

AND SO WHAT HAPPENS TO US? WE EXPERIENCE PITY. WE FEEL SORRY FOR OURSELF FOR MAKING SUCH A FOOL OUT OF OURSELF, AND WE HAVE ALL OF THESE REGRETS BECAUSE WE DO KNOW INSIDE THAT WE ARE STILL WAITING TO GROW UP. NO MATTER HOW OLD WE ARE PHYSICALLY, EMOTIONALLY WE ARE WAITING TO GROW UP, THAT WE MAY SPEAK OUR WORD FORTH INTO THE UNIVERSE KNOWING THAT IT SHALL NOT COME BACK TO US VOID, BUT ACCOMPLISH THAT WHICH WE SEND IT TO DO. NOW, WHEN WE SPEAK OUR WORD IT CANNOT ACCOMPLISH WHAT WE SEND IT TO DO BECAUSE WE MAY OR MAY NOT BE HOME WHEN IT RETURNS. BECAUSE WE ARE NOT PROMPT, WE ARE NOT CONSIDERATE. PROMPTNESS IN A COMMITMENT IS A TRUE MARK OF OUR CHARACTER, FOR IT CONSIDERS SOMETHING AND SOMEONE BESIDES THE LIMITED SELF DESIRE THAT WE ENTERTAINED AT THE MOMENT OF OUR COMMITMENT. NOW EVEN THE PROCRASTINATORS IN OUR WORLD DON'T APPRECIATE BEING PROCRASTINATED UPON. THEY ARE MOST INTOLERANT. PERHAPS THEY'VE BEEN LATE THEIR WHOLE LIFE, BUT YOU JUST LET SOMEONE BE LATE WHEN THEY HAVE A DESIRE AND A COMMITMENT, AND YOU WILL SEE THE FULL BLOSSOM OF INTOLERANCE. BECAUSE THEY DO NOT UNDERSTAND THEMSELF AND WHY THEY PROCRASTINATE, HOW CAN THEY GRANT TO ANOTHER THE UNDERSTANDING THEY ARE YET WAITING TO HAVE?

QUESTION: WHAT IS MEANT BY "ON EARTH AS IT IS IN HEAVEN?"

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ANSWER: WELL, THAT DEPENDS, OF COURSE, UPON WHAT PEOPLE THINK WHAT HEAVEN IS. NOW, IF, OF COURSE, WE THINK IT'S ANGELS PLAYING HARPS, IT'S NOT THE HEAVEN I'M GOING TO--I AM AWARE OF THAT, I AM SO GRATEFUL, 'CAUSE I LOVE HARP MUSIC FOR A TIME, BUT I DO HAVE MY LIMITS. I HAVE TO ADMIT INTOLERANCE WITH IT. AND TO VISUALIZE MYSELF SITTING AT THE KNEE OF SOME ANGEL PLAYING A HARP DAY AND NIGHT, I DON'T THINK MY TOLERANCE IS ANYWHERE NEAR THAT EXPANDED. SO, IF I'M TO GO TO YOU KNOW WHERE, THEN THEY'LL BE PLAYING HARPS DAY AND NIGHT, BUT I DON'T THINK THAT'S IN ORDER. "ON EARTH AS IT IS IN HEAVEN"--I'M SURE MOST OF US, SURELY, DO BELIEVE THAT THERE'S A PLACE OF PEACE AND HARMONY, NOT VOID OF EXCITEMENT OF COURSE, 'CAUSE YOU KNOW WE DON'T BECOME SAINTS OVERNIGHT AND OUR SENSES DO NEED SOME CHALLENGE AND STIMULATION--SO A LITTLE BIT, PERHAPS, OF SURPRISES, BUT AT LEAST WHERE WE ARE FREE FROM THE CONSTANT THOUGHT OF HOW HORRIBLE AND MISERABLE LIFE IS.

NOW, HEAVEN, OF COURSE, IS THIS MOMENT. HEAVEN IS THE MOMENT THAT YOU CHOOSE THAT IS NOT DEPENDENT UPON ANYTHING OUTSIDE OF YOU. IF YOUR HEAVEN, A STATE OF CONSCIOUSNESS, IS DEPENDENT UPON ANYTHING OUTSIDE OF YOU, THEN YOUR HEAVEN WILL ALWAYS BE IN NEED. NOW, WE ALREADY KNOW THAT FROM THE EXPERIENCES THAT WE HAVE ALREADY HAD. WE ALREADY KNOW IF WE PERMIT THAT WONDERFUL GOOD FEELING INSIDE OF US TO BE DEPENDENT UPON A PERSON, PLACE, OR THING, THAT WONDERFUL FEELING DOESN'T LAST 'CAUSE THE PERSON, PLACE, OR THING DOESN'T ALWAYS DO WHAT WE WANT THEM TO DO. AND WHEN THEY DON'T DO WHAT WE WANT THEM TO DO, WE BECOME INTOLERANT, 'CAUSE WE MAKE A JUDGMENT AND WE LOSE THAT GOOD FEELING. SO, WHETHER YOU ARE MARRIED OR NOT MARRIED, WHETHER YOU ARE DEPENDENT UPON YOUR EMPLOYER FOR MONEY, OR YOU ARE NOT DEPENDENT

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UPON THEM FOR MONEY, WHEN YOU FREE YOURSELF FROM DEPENDENCE, YOU'RE FREED FROM BONDAGE, AND WHEN YOU ARE FREED FROM BONDAGE YOU ENTER HEAVEN--TRULY A STATE OF BLISS. BUT LET'S CHANGE OUR THINKING ABOUT WHAT BLISS REALLY IS. SOME PEOPLE, IN THINKING THAT HEAVEN IS A STATE OF BLISS, THEY WANT TO GO IN THE OPPOSITE DIRECTION BECAUSE TO THEM BLISS MEANS THEY CAN'T DO WHAT THEY WANT TO DO, AND THAT CERTAINLY IS NOT WHERE THEY WANT TO GO. BUT ANYWAY, REMEMBER, IF YOU ALLOW YOURSELF TO BE DEPENDENT ON ANYTHING OUTSIDE OF YOU, FOR GOD IS WITHIN YOU, IF YOU ALLOW YOURSELF TO BE DEPENDENT UPON ANYTHING OUTSIDE OF YOU, THEN YOU ARE NOT IN A STATE OF CONSCIOUSNESS KNOWN AS HEAVEN. YOU'RE JUST MOVING FROM ONE LEVEL OF CONSCIOUSNESS TO THE OTHER, AND YOU GUARANTEE THE DEPTH FOR YOU HAVE REACHED THE HEIGHT.

QUESTION: IS THERE ANOTHER IMPLICATION TO THE SAYING "MISERY LOVES COMPANY," FROM "LIKE ATTRACTS LIKE AND BECOMES THE LAW OF ATTACHMENT?"

ANSWER: ABSOLUTELY, I NEVER HAVE YET MET A PERSON EXPRESSING WHAT IS KNOWN AS A LEVEL OF CONSCIOUSNESS CALLED MISERABLE, THAT DIDN'T DEMAND ATTENTION. MISERY NOT ONLY LOVES COMPANY, IT HAS TO HAVE IT IN ORDER FOR ITS EXISTENCE. NOW, IF YOU WANT TO HELP YOURSELF, AND YOU ENCOUNTER A PERSON THAT IS MISERABLE, YOU MAKE VERY SURE THAT YOU ARE STRONG ENOUGH TO STAY IN A LEVEL OF REASON THAT THEY, THROUGH YOU, MAY FACE THAT BEAUTIFUL, SIMPLE TRUTH, CALLED PERSONAL RESPONSIBILITY, THAT NO ONE MADE THEM MISERABLE, THAT THEY ARE THERE BY A CONSCIOUS CHOICE, THAT IT IS THEIR RIGHT TO BE DEPENDENT UPON SOMETHING OUTSIDE, A PERSON, PLACE OR THING--IT IS NOT THEIR RIGHT, NOR YOURS, TO SUPPORT THE LEVEL OF CONSCIOUSNESS THAT IS SO DESTRUCTIVE. I CAN ASSURE YOU, IN FORTY YEARS IN THIS WORK, I HAVE BEEN BLESSED WITH MANY, MANY, MANY MISERABLE PEOPLE, BUT
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THEY DID NOT STAY THAT WAY AROUND ME. NOW YOU PEOPLE ARE WONDERFUL SOULS. I SEE NO MISERY THIS MORNING SO I DON'T WANT YOU TO FEEL BAD--BUT THEY DID NOT STAY THAT WAY, BECAUSE I WILL NOT ALLOW MYSELF TO STAY THAT WAY. NO MATTER WHAT COMES, AND NO MATTER WHAT GOES, I SEE THE GOOD THAT IS IN IT. IT MAY BE BY MY OWN CHOICE A GREAT TEST OF MY TOLERANCE. OF COURSE WE TEST OURSELF. BUT I AM VERY HAPPY FOR EVERY MORNING I OPEN MY EYES AND SEE THE BEAUTY OF THE WORLD. I KNOW THAT EVERYONE CAN DO IT IF THEY WANT TO. SO MISERY DOES NOT FIND A HOME WITH ME, IT HASN'T FOR MANY, MANY YEARS. AND IF YOU HAVE THAT PROBLEM, THERE IS A WAY THAT YOU CAN HELP YOURSELF THAT REALLY WON'T TAKE ANY GREAT AMOUNT OF EFFORT. ALL YOU HAVE TO DO, THAT'S ALL YOU HAVE TO DO, IS MAKE THE EFFORT TO HELP SOMEONE ELSE, BECAUSE GOD HELPS THOSE WHO HELP THEMSELF BY HELPING OTHERS. IT'S BY THE HELPING OTHERS THAT WE FORGET. WE ALL TOTALLY ACCEPT, I'M SURE, THAT GOD HELPS THOSE WHO HELP THEMSELF, BUT WE LEAVE OFF THE MOST IMPORTANT PART AND THAT'S THE PART THAT REALLY WORKS, YOU KNOW. YOU JUST CAN'T BAKE BREAD WITH FLOUR, YOU HAVE NO YEAST, IT DOESN'T RISE. SO YOU CAN'T SPEAK A TRUTH AND ONLY GIVE HALF OF IT. GOD DOES HELP THOSE WHO HELP THEMSELF AND WE'VE ALL ACCEPTED THAT PART OF THE TRUTH. NOW LET'S ACCEPT THE OTHER PART--BY HELPING OTHERS. BECAUSE YOU SEE WHAT HAPPENS, ENERGY FOLLOWS ATTENTION. THE ENERGY THAT GOT LOCKED IN THE LEVEL KNOWN AS MISERABLE GETS REDIRECTED INTO HELPING SOME OTHER SOUL THAT'S IN THE LEVEL, AND BY DOING THAT, THIS LEVEL, THIS EXPERIENCE WITHIN US OF BEING MISERABLE, IT JUST MELTS AWAY. IT DISAPPEARS UNTIL WE THINK ABOUT OURSELF AGAIN.

YOU KNOW, IT'S SO BENEFICIAL, REALLY, IT'S SO PRACTICAL--IT REALLY IS--TO STOP THINKING FOR A MOMENT ABOUT OURSELF. BECAUSE WHAT

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HAPPENS WHEN WE STOP THINKING ABOUT OURSELF, GOD STARTS THINKING ABOUT US. BUT WHEN WE ARE SO BUSY THINKING ABOUT OURSELF, OUR CUP OVERFLOWETH, SO YOU SEE, THIS GREAT GOODNESS CANNOT GET IN. WE ALL KNOW HOW BENEFICIAL IT IS TO HAVE A PET OR AN ANIMAL, OR A BIRD OR SOMETHING. BECAUSE YOU SEE, THAT GIVES US A FEW MOMENTS TO STOP THINKING ABOUT OURSELF. WE HAVE TO THINK ABOUT THEM EATING, WE HAVE TO THINK ABOUT THEIR HEALTH AND CARE, AND IN THOSE MOMENTS, WE JUST FEEL WONDERFUL. BUT NOW ALL OF US JUST CAN'T GO AROUND IN THE WORK WE HAVE WITH TWENTY OR THIRTY DOGS THAT WE LIVE WITH, YOU SEE. SO WE'VE GOT TO DO SOMETHING ELSE. NOW, SOME OF US, WE HAVE ENOUGH PLANTS THAT NEED WATERING THAT IN THE MOMENTS THAT WE ARE DOING THAT WE HAVE AN OPPORTUNITY TO GET FREED FROM SELF. I SAY OPPORTUNITY, I DIDN'T SAY IT WAS GUARANTEED. I KNOW A LOT OF PEOPLE THAT WATER A TREE AND STILL THINK OF THEMSELVES, AND THE TREE REACTS ACCORDINGLY, OF COURSE--DOESN'T GROW AS WELL, YOU SEE, BECAUSE IT'S NOT JUST THE WATER THAT IT NEEDS, IT NEEDS A LITTLE BIT OF CONSIDERATION, A LITTLE LOVE AND CARE, DOESN'T IT? THAT'S WHAT ALL OF LIFE REALLY NEEDS.

QUESTION: PLEASE COMMENT ON THE SAYING "FIGURES DON'T LIE, BUT LIARS CAN SURE FIGURE."

ANSWER: I DON'T RECALL EVER MAKING THAT STATEMENT, BUT IF YOU'LL REPEAT IT, I'LL ASK SOMEBODY WHO MUST HAVE MADE IT.

QUESTION: PLEASE COMMENT ON THE SAYING "FIGURES DON'T LIE, BUT LIARS CAN SURE FIGURE."

ANSWER: IS THAT FROM OUR PHILOSOPHY?

IT DOES NOT SAY IT IS FROM OUR PHILOSOPHY.
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I DON'T RECALL. THAT IS AN INTERESTING--IT SOUNDS TO ME AS THOUGH IT CAME FROM THE MENTAL WORLD. BUT YOU BE PATIENT. I'LL SEE WHAT I CAN FIND OUT ABOUT THAT. "FIGURES DON'T LIE" YOU SAY? "BUT LIARS CAN SURE FIGURE." OH, I DON'T THINK THAT IS TRUE. NO, I WILL HAVE TO DISAGREE WITH THAT STATEMENT THAT FIGURES DON'T LIE. I'VE SEEN TOO MANY FIGURES LIE NOT TO SAY THAT THEY DON'T. NOW, IF THE PERSON MEANS BY 2 AND 2 ADDS TO 4, AND THAT DOESN'T LIE, THEN WE ARE TALKING ABOUT LOGIC, AND THERE IS A VAST DIFFERENCE BETWEEN LOGIC AND TRUTH. THERE IS A VAST DIFFERENCE BETWEEN FACTS AND TRUTH. KNOWLEDGE, WE ALL AGREE, IT KNOWS MUCH, BUT THERE IS SOMETHING ELSE CALLED WISDOM, THAT KNOWS BETTER. OUR KNOWLEDGE OF ANYTHING IS IN A CONSTANT PROCESS OF CHANGING. AND IT'S IN A PROCESS OF CHANGING BASED UPON OUR OWN ACCEPTANCE, AND OUR ACCEPTANCE IS BASED UPON OUR JUDGMENTS--THAT'S WHAT LIMITS IT. SO YOU SEE, KNOWLEDGE IS NOT WHAT WE ARE SEEKING TO BE FREE--IT IS WISDOM WE ARE SEEKING, IT IS UNDERSTANDING WE ARE SEEKING TO BE FREE--NOT KNOWLEDGE. BECAUSE WHERE IS RELIABILITY IN KNOWLEDGE WHEN KNOWLEDGE IS IN A CONSTANT PROCESS OF CHANGE BASED UPON OUR JUDGMENTS OF THE MOMENT? A LOT OF PEOPLE SAY THEY KNOW A LOT OF THINGS. YOU MEET THEM TEN MONTHS LATER AND THEY KNOW SOMETHING ELSE TOTALLY CONTRARY TO WHAT THEY KNEW THE TEN MONTHS PREVIOUS. SURELY WE CANNOT FIND RELIABILITY IN KNOWLEDGE.

QUESTION: CAN THE SUBSTANCE OF HEAT BE EXPLAINED?

ANSWER: FOR WHAT PURPOSE? AND WHAT TYPE OF HEAT IS THE QUESTIONER DISCUSSING? IS HE TALKING ABOUT THE HEAT OF THE BODY, OR THE HEAT OF THE UNIVERSE. YOU SEE, MY FRIENDS, HEAT OR COLD IS SUBJECT TO THE LAWS OF CREATION. AND

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YOU CANNOT HAVE HEAT WITHOUT COLD. AND YOU CANNOT HAVE COLD WITHOUT HEAT. NOW THINK ABOUT THAT FOR A MOMENT. IN ORDER TO HAVE FACTS, IN ORDER TO HAVE KNOWLEDGE, IN ORDER TO HAVE JUDGMENT YOU MUST HAVE COMPARISON. AND IN ORDER TO HAVE COMPARISON, YOU CANNOT HAVE TRUTH. YOU CANNOT. YOU MAY HAVE FACTS, YOU MAY HAVE KNOWLEDGE, YOU MAY HAVE LOGIC, BUT YOU CANNOT HAVE TRUTH BECAUSE TRUTH IS INDIVISIBLE. YOU CANNOT COMPARE TRUTH. TRUTH IS INDIVIDUALLY PERCEIVED. WHEN WE SEPARATE CREATION, WHEN WE SEPARATE, WHEN WE MOVE FROM THIS MENTAL WORLD INTO THIS OTHER WORLD, AND WE DO DO THAT, UNFORTUNATELY, FOR OUR MINDS THEY GET VERY UPSET WHEN IT HAPPENS TO US, MOST OF US, BUT WE DO DO IT PERIODICALLY, TRUTH IS ALL ENCOMPASSING, AND LOGICS AND FACTS, THEY ARE DEPENDENT UPON THE LAW OF CREATION CALLED DUALITY KNOWN AS COMPARISON. NOW, WHEN YOU NO LONGER COMPARE, YOU NO LONGER HAVE PROBLEMS WITH INTOLERANCE. YOU SEE, WE ONLY HAVE PROBLEMS, AND WE ONLY HAVE INTOLERANCE WHEN WE COMPARE, WHEN WE LOOK AT A PERSON AND WHAT THEY DO WE COMPARE. UNFORTUNATELY, WE HAVE DONE IT SO MANY TIMES AND IT'S HABITUAL AND WE AREN'T CONSCIOUSLY AWARE ANYMORE THAT WE MEET A PERSON AND WE INSTANTANEOUSLY COMPARE THAT PERSON WITH OURSELF. AND THEY EITHER FIT INTO OURSELF OR THEY DON'T FIT. AND IF THEY DON'T FIT THEN WE ARE NOT TOLERANT. NOW THAT HAPPENS LIKE THAT 'CAUSE WE HAVE DONE IT SO MANY TIMES. IT'S A HABIT.

QUESTION: PLEASE EXPLAIN THE SIGNIFICANCE OF COLOR.

ANSWER: THE SIGNIFICANCE OF COLOR--WE HAVE DISCUSSED THAT MANY TIMES IN OUR CLASSES, BUT WE'LL DISCUSS IT ONCE MORE. COLOR IS VIBRATION, AND VIBRATION IS SOUND. NOW, WHENEVER YOU MAKE A SOUND, WHETHER YOU SPEAK, OR YOU KNOCK ON
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WOOD, OR WHATEVER YOU DO, COLOR FILLS THE ATMOSPHERE. SCIENCE, SLOWLY BUT SURELY, HAS MOVED INTO THE REALM OF THAT SIMPLE TRUTH. NOW EACH OF US HAVE OUR OWN SOUND INSIDE OF US. PEOPLE WHO HAVE OPENED THEIR CLAIRAUDIENCE, THEY HEAR THAT SOUND. A PERSON DOESN'T HAVE TO SPEAK, THEY DON'T HAVE TO MOVE FOR THERE IS A SOUND, FOR THERE IS COLOR--COLOR IS SOUND, AND SOUND IS COLOR. NOW, OUR COLOR, OUR AURA, IS IN A PROCESS OF CHANGING, FLUXUATING DEPENDENT UPON OUR THOUGHTS, AND OUR FEELINGS AND OUR EMOTIONS. AND THIS GOES ON ALL THE TIME. AND SO WE MOVE IN THE UNIVERSE, AND OUR COLOR, OUR VIBRATION, OUR SOUND, IS EITHER HARMONIOUS WITH A PERSON THAT WE MEET, OR IT IS NOT HARMONIOUS. AND IF IT IS NOT HARMONIOUS, WE HAVE PROBLEMS; IF IT IS HARMONIOUS, WE DON'T HAVE PROBLEMS, BUT WE ARE THE ONES THAT ARE DOING IT--NOT SOMEONE ELSE. NOW, IF WE MEET A PERSON, AND WE HAVE THIS FEELING--SOMETHING IS NOT RIGHT, WE DON'T FEEL GOOD INSIDE, WE KNOW INTUITIVELY THAT OUR VIBRATIONS ARE NOT BLENDING, THEY ARE NOT HARMONIOUS. WELL, WHAT WE HAVE TO DO THROUGH THE FACULTY OF CONSIDERATION, IS BE STILL A SECOND AND BECOME AWARE WITHIN OF WHAT THE COLOR, SOUND, VIBRATION IS OF WHAT WE HAVE JUST ENTERED INTO. AND THEN WE, THROUGH OUR OWN SELF CONTROL, WE CHANGE OUR VIBRATION, WE CHANGE OUR COLOR TO A NEUTRAL COLOR THAT WILL BLEND, YOU SEE, WITH THE AURA WE HAVE JUST MET. BECAUSE TO FORCE ONE'S WILL UPON ANOTHER TO CHANGE THEM IS NO CHANGE AT ALL, BUT IT'S A LOT OF TRAUMA FOR OURSELF. □

(This lecture is available on
recorded cassette tape)

Poet's Pen

LIKE KIND

TAKE A LOOK AND YOU WILL SEE
THE BEAUTY THAT IS SURROUNDING THEE
EVERY HILL IS NEW WITH GREEN
EVERY BLADE OF GRASS SERENE
EVERY FLOWER ENFOLDS LOVE
PEACE AND HARMONY FROM ABOVE
FLOWING INTO MUSIC THAT FILLS THE AIR
SLIPPING PAST THE CITIES' BLARE
RECEIVED THROUGH THE CENSORS OF THE MIND
BY SOMETHING THAT IS OF LIKE KIND.

- Beverly Houser

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